

EVENT REPORT

Title / Name of Event

INTERNATIONAL YOGA DAY CELEBRATION

Date of The Event

FROM 16/06/2021 TO 21/06/2021

Venue

Online Offline at Ashvin Rural Ayurved College

Organized By

Ashvin Rural Ayurved College, Manchi Hill, Tal-Sangamner

Objectives

- ✚ To celebrate International Yoga day according to direction of Ministry of AYUSH Government of India and Directorate of Ayush Maharashtra state
- ✚ To create Yoga awareness and Practical Demonstration

Total no of Events-10

1. Social media Yogasana challenge
2. E- Slogan
3. E- Poster
4. E- Essay
5. quiz competition
6. Yogasana
7. Yogasutra recitation
8. Rangoli
9. Online lecture
10. International Yoga day online and offline yoga lecture and Demonstration **Consolidated report**

A)Background-

Practiced in india since 5th century, Yoga has been beneficial in keeping the body and mind in sound health. A holistic approach, Yoga targets all the different systems of the body and mind.

On September 27,2014, during his speech at the UN General Assembly, Prime Minister Narendra Modi put forth his suggestion for the occasion of 'Yoga Day'. The draft resolution proposed by India was then endorsed by a record 177 member states. The first International Day of Yoga was observed around the world on June21, 2015

With reference to direction of ministry of AYUSH, Government of India and Directorate of Ayush, Maharashtra State, Mumbai, our institute organized various events to celebrate International Yoga Day

B)Programme details/ highlights-

Department of Swasthritta and Yoga planned 7 day programme to celebrate International Yoga day

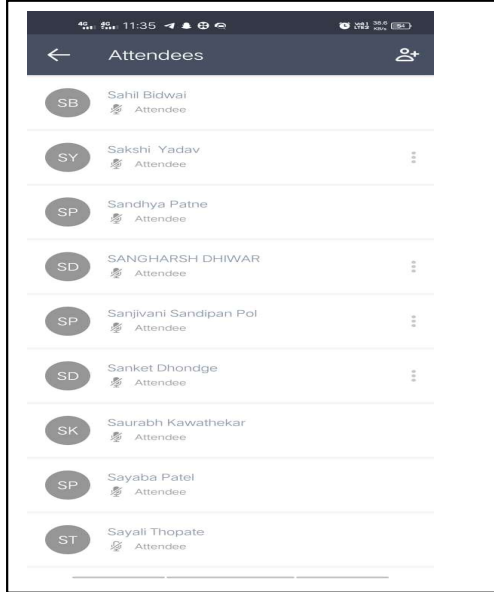
Following events were conducted successfully

Sr.no.	Name of Event	Date	Details	No. of Participant	Pics. no
1	Social media Yogasana challenge	15/06/2021	Online awareness campaign Winners 1. Dhananjay Khanake 2. Ram Gayakwad 3. Bodabke Madhuree	80	1,2
2	E- Slogan	17/06/2021	Online slogan competition Winners 1. Jadhav Dnyaneshwari Sakharam 2. Divya Anil Machwe 3. Sheetal Rajaram Jadhav	22	3,4
3	E- Poster	18/06/2021	Online poster Competition (draw, scan and send) Winners 1. Rohit Tapkir and group 2. Sayali Wakchaure 3. Nandini Chavhan	33	5,6
4	E- Essay	19/06/2021	Online essay competition	28	7,8

			(write, scan and send) Winner 1. Arati Kalr 2. Rutik Nagare 3. Pratik Kokate		
5	quiz competition	19/06/2021	Offline quiz (MCQ) Competition Winners 1. Snehal Buhrade 2. Arati Sarak 3. Snehal Patil	40	9
6	E Yogasana	19/06/2021	Online Yoga competition (2 min yoga video shoot and send) Winners 1. Shradha Kare 2. Snehal Patil 3. Hrushikesh Jaware	16	11,12
7	Yogasutra recitation	19/06/2021	Offline Yogasutra Recitation competition Winners 1. Shivani Jondhale 2. Pritam Borse 3. Dnyaneshwar Bhale	55	10
8	Rangoli	19/06/2021	Offline Rangoli competition Winners 1. Akshada Gite 2. Pragati Barge 3. Shivanjali Bhavsar	16	13,14
9	Online lecture	21/06/2021 11am - 12.30pm	Speaker- Dr. Vrushali Chhapekar (MD Ayu, MA Yoga) Subject-Yoga and Ayurveda	142	15,16
10	Internation Yoga day Lecture and Demonstration	21/06/2021 07.00am - 09.00am	Speaker and Demonstrator- Dr. Sunil Gandhe (MD Ayu. Fellow in Yoga) Subject- Yoga – Principle and Practice	140+ 200	17,18,19,20

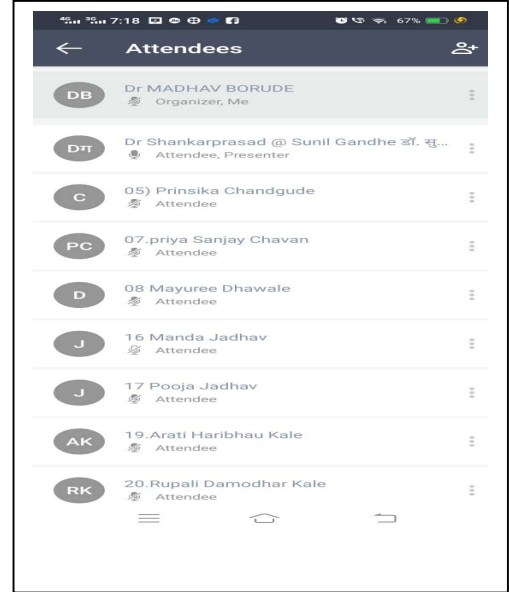
C) Photographs / screenshots

Pic no.-1



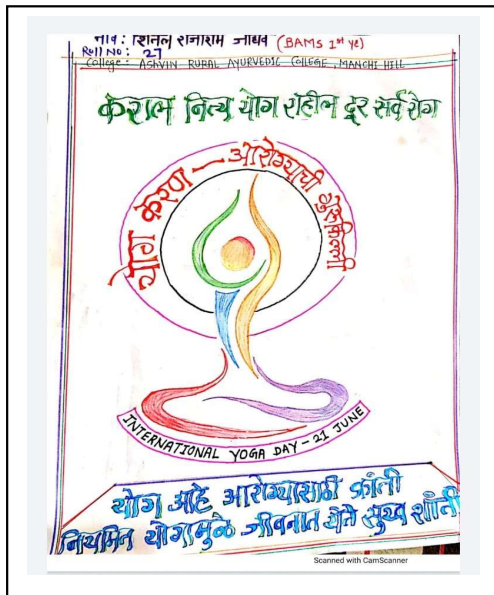
caption- attendee / participant screenshot

Pic no.-2



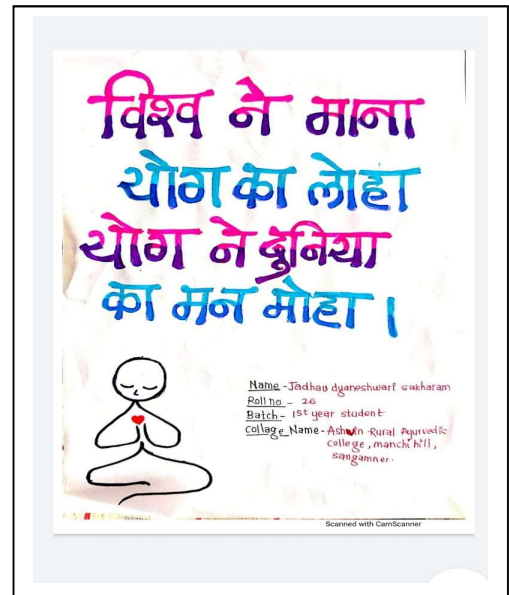
caption- attendee / participant screenshot

Pic no.-3



caption- E slogan competition

Pic no.-4



caption- E slogan competition

Pic no.-5



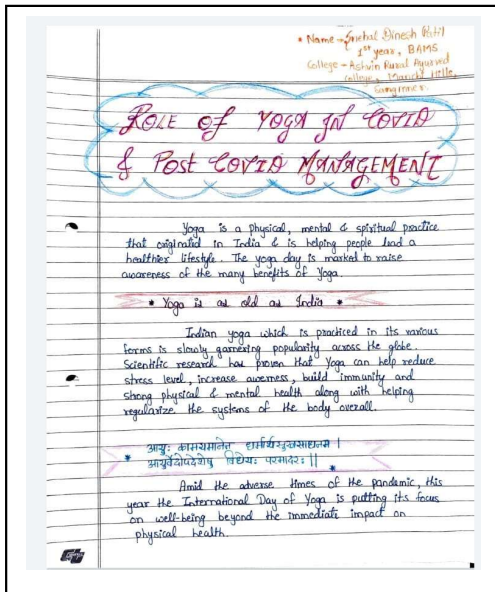
caption- Poster inspection by Principal sir

Pic no.-6



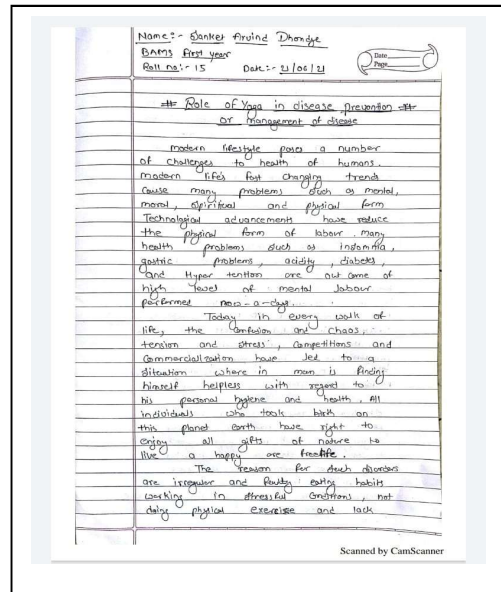
caption- poster competition visitor

Pic no.-7



caption- online essay competition pdf

Pic no.-8



caption- online essay competition pdf

Pic no.-9



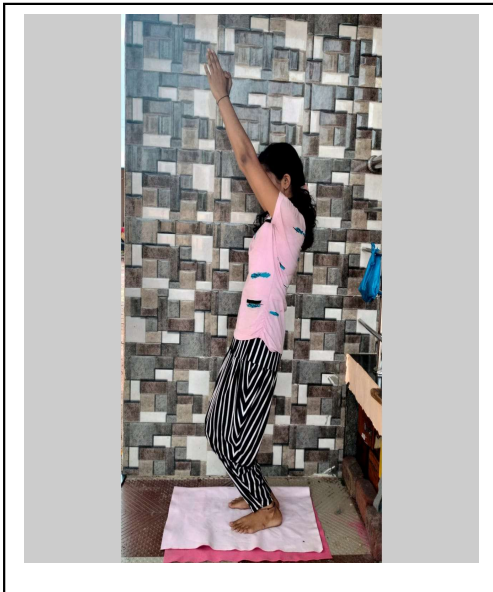
caption- Offline quiz competition

Pic no.-10



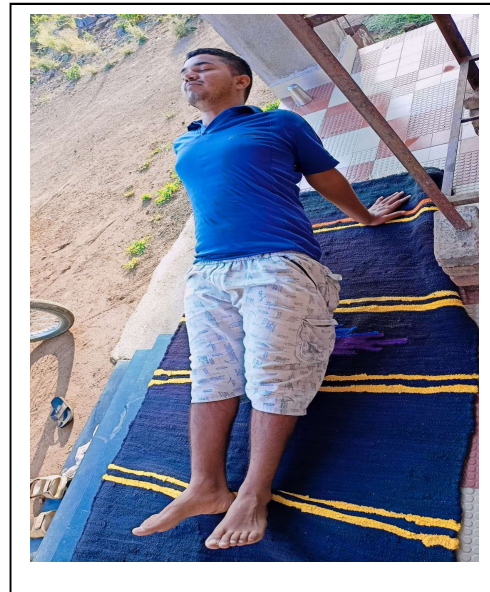
caption- Yogasutra Recitation competition

Pic no.-11



caption- E yogasana competition participant

Pic no.-12



caption- E yogasana competition

Pic no.-13



caption- Rangoli competition

Pic no.-14



caption- Rangoli competition

Pic no.-15



caption- Online National seminar invitation

Pic no.-16



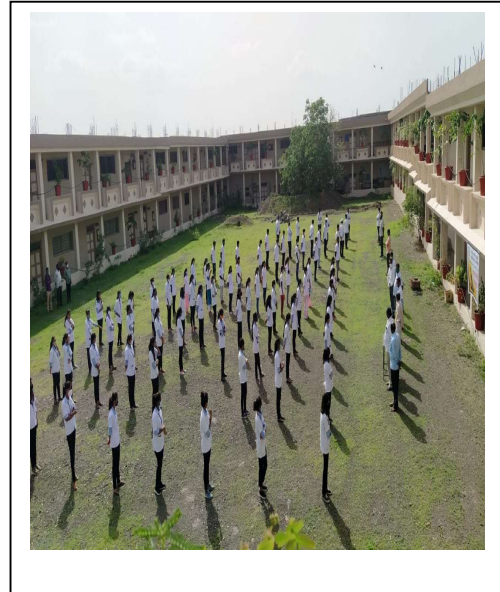
caption- online lecture link

Pic no.-17



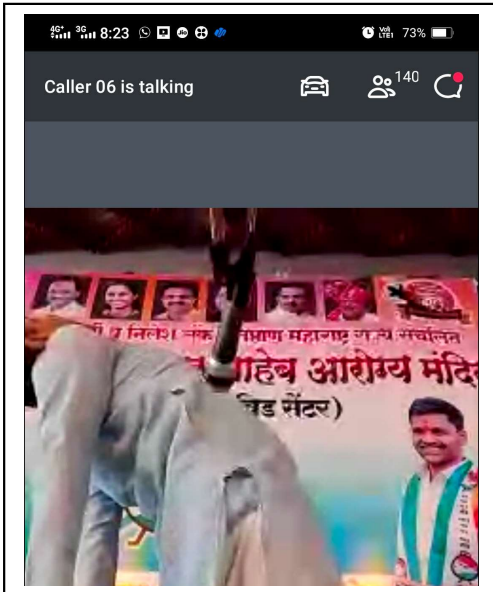
caption- Yoga Demonstration on IYD

Pic no.-18



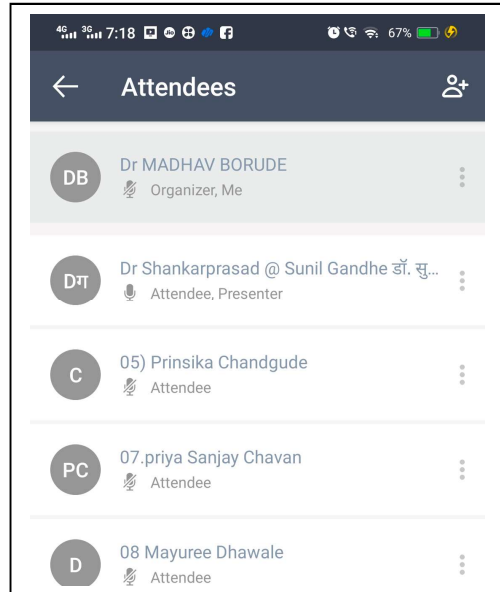
caption- Yoga Demonstration on IYD

Pic no.-19



caption- online yoga lecture & demo gy Dr. sunil Gandhe sir

Pic no.-20



caption- online Attendees