



Eklavya A. B. V. J. J. Va. M. Sevabhavi Sanstha's Sanchalit

ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

Sadvi Preetisudhaji Maharaj Nagar, Manchi Hill, Ashvi Bk., Tal. Sangamner,
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Out Ward No. A.R.A.C/ 15734 12025

Date: 25 / 04 / 2025

Workshop Report

Basic Research Methodology Workshop

Organized by: Ashvin Rural Ayurved College, Manchi
Hill

Dates: 17th to 19th April 2025

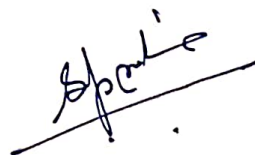
Workshop Summarized report of Basic Research Methodology workshop is
submitted with the following points;

1. Details of Workshop
2. Objectives
3. Description of workshop Conduction
4. Day wise summery
5. Resource Person lecture Schedule
6. Outcome of Workshop
7. Overall feedback
8. Money Transfer Details
9. Attendance Record of Participants
10. Photos


Workshop Co-ordinator

Workshop Co-ordinator
Ashvin Rural Ayurved College & Hospital
Ashvi Bk., Tal. Sangamner, Dist. A. Nagar-413714




Principal
Principal
Ashvin Rural Ayurved College & Hospital
Manchi Hill, Ashvi Bk., Tal. Sangamner
Dist. Ahmednagar, Pin-413714

Basic Research Methodology Workshop

Organized by : Ashvin Rural Ayurved College & Hospital, Manchi Hill
Time : 9 am to 5 pm (Every Day)
Date : 17th April to 19th April 2025
Venue : Conference Hall ARAC, Manchi Hill
Permission letter : MUHS/UAW/URD/250/2025
Workshop Coordinator : Dr. Avinash Jadhav
Workshop Convener : Dr. Jitendra Shimpi
Organizing Secretary : Dr. Ambadas Kalukhe

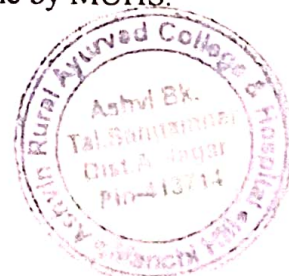
➤ Objectives:

The workshop aimed to:

- Introduce participants to fundamental concepts of research methodology.
- Enhance understanding of study designs, data collection, and statistical analysis.
- Develop skills in formulating research questions, hypotheses, and study protocols.
- Familiarize participants with ethical considerations in medical research.
- Provide hands-on experience through group activities and case discussions.

➤ Description:

A three-day intensive workshop was conducted for 45 participants (faculty, researchers, and postgraduate students) with 8 expert resource persons. The program blended lectures, interactive group activities, and practical demonstrations to ensure comprehensive learning in research methodology. The workshop was conducted with guideline by MUHS.



➤ Day-wise Report

❖ Day 1: 17th April 2025

- **Session 1:** Registration, breakfast, and pre-test.
- **Sessions 2–6:** Introduction To Research Methodology, Lectures On Research Methodology, Study Designs (Descriptive, Case-Control, Cohort, Experimental), Types Of Data And Data Presentation And Literature Search.
- **Group Activity 1:** Participants Formulated Research Questions And Hypotheses In Small Groups.
- **Key Speakers:** Dr. Jitendra Shimpi, Dr. Tushar Deshpande, Dr. Avinash Jadhav, Dr. Nishant Ingale, Dr. Sharvari Dongare.

❖ Day 2: 18th April 2025

- **Sessions 1–5:** Focused On Sampling Methods, Inferential Statistics, Questionnaire Design And Writing A Research Protocol
- **Group Activities 2–4:** Participants Practiced Literature Searches, Sampling Techniques, And Statistical Applications.
- **Key Speakers:** Dr. Pooja Deshpande, Dr. Nishant Ingale, Dr. Avinash Jadhav, Dr. Vikram Shelvale.

❖ Day 3: 19th April 2025

- **Sessions 1–5:** Covered Ethical Issues, Diagnostic Test Evaluation, Critical Evaluation Of Journal Article, Qualitative Research Methods And Computer Assistance In Data Analysis Excel And EPI Info.
- **Group Activity 5:** Critical Evaluation Of Journal Articles.
- **Valedictory:** Post-test and feedback session.
- **Key Speakers:** Dr. Jitendra Shimpi, Dr. Gaurav Dongare, Dr. Nishant Ingale, Dr. Avinash Jadhav.



Resource Person lecture Schedule

Sr. No.	Name of Speaker	Date	Attendance
1	Dr. Jitendra Shimpi	17 th Apr & 19 th Apr	Present
2	Dr. Tushar Deshpande	17 th Apr & 19 th Apr	Present
3	Dr. Avinash Jadhav	17 th , 18 th & 19 th Apr	Present
4	Dr. Sharvari Dongare	17 th Apr	Present
5	Dr. Nishant Ingale	17 th & 18 th Apr	Present
6	Dr. Vikram Shelvale	18 th Apr	Present
7	Dr. Pooja Deshpande	18 th Apr	Present
8	Dr. Gaurav Dongare	19 th Apr	Present

➤ **Outcomes for Participants:**

- Gained a structured understanding of research methodology.
- Learned to formulate research questions, hypotheses, and study designs.
- Acquired skills in data analysis, sampling, and statistical application.
- Improved ability to critically evaluate research papers.
- Enhanced knowledge of ethical considerations in research.
- 100% of participants show good improvement in the post-test, showing significant knowledge improvement.



➤ Overall Feedback

- Participants praised the interactive format, especially group activities and expert lectures.
- Resource persons highlighted the enthusiasm and engagement of attendees.
- **Suggestions for Improvement:**
- Extend workshop duration for more hands-on practice.
- Include advanced sessions on data analysis software (SPSS/R).

➤ Bank Transfer Details :

Total 45 participants were present for workshop. With reference to notification No. 09/2023 by MUHS total Rs. 22,500/- is transferred by DD of central bank in favour of "Registrar ,MUHS, Nashik". (DD No.: 006887; Date: 24/4/2025)

Photo of DD:

Central Bank of India

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ALPHA CODE NO. ASHW2-

REGISTRAR MUHS NASHIK

ON DEMAND PAY

TWENTY TWO THOUSAND FIVE HUNDRED ONLY

RUPEES

₹ 22500/-

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SR NO

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Ashwin Rural Ayurved College

Ashwi St

1st Floor

Chand A. K. Kulkarni

Pin-431114

➤ Attendance Record of Participants

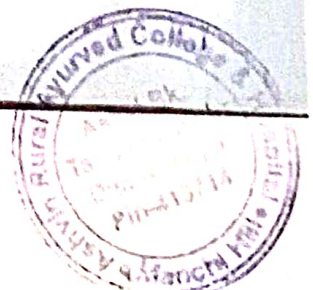
Day 1:

ASHVIN RURAL AYURVED COLLEGE MANCHI HILL Basic Research Methodology Workshop 17 to 19 April 2025

PARTICIPANT ATTENDANCE SHEET

Day 1

Sr. No.	Participant's Name	DATE - 17/04/2025	
		Morning	Evening
1	Dr. Nilesh Ashok Nandale	<i>Nandale</i>	<i>Nandale</i>
2	Dr. Ashwin Ravindra Mahajan	<i>Ashwin</i>	<i>Ashwin</i>
3	Dr. Jadhav Diksha Ramrao	<i>Diksha</i>	<i>Diksha</i>
4	Dr. Darshana Ramesh Chopade	<i>Chopade</i>	<i>Chopade</i>
5	Dr. Supriya Prashant Shaha	<i>Shaha</i>	<i>Shaha</i>
6	Dr. Kishor Karlas Markad	<i>Markad</i>	<i>Markad</i>
7	Dr. Nilima Narayan Nandre	<i>Nandre</i>	<i>Nandre</i>
8	Dr. Harishsinh Balkrushna Pawar	<i>Pawar</i>	<i>Pawar</i>
9	Dr. Rahul Shivaji Deshmukh	<i>Deshmukh</i>	<i>Deshmukh</i>
10	Dr. Shivani Anil Khandagale	<i>Khandagale</i>	<i>Khandagale</i>
11	Dr. Prasanna Vikas Bodade	<i>Bodade</i>	<i>Bodade</i>
12	Dr. Rutika Rajendra Gangarde	<i>Gangarde</i>	<i>Gangarde</i>
13	Dr. Kadam Prithviraj Shivraj	<i>Shivraj</i>	<i>Shivraj</i>
14	Dr. Hetashree Anil Dabhade	<i>Dabhade</i>	<i>Dabhade</i>
15	Dr. Dayasagar Balajirao Jadhav	<i>Jadhav</i>	<i>Jadhav</i>
16	Dr. Chavan Akshata Ravindra	<i>Akshata</i>	<i>Akshata</i>
17	Dr. Vitthal Kashiram Jadhav	<i>Jadhav</i>	<i>Jadhav</i>
18	Dr. Vikrant Prashantrao Mohrir	<i>Mohrir</i>	<i>Mohrir</i>
19	Dr. Shweta Bharat Shinde	<i>Shinde</i>	<i>Shinde</i>
20	Dr. Dharmadhikari Neha Nilesh	<i>Neha</i>	<i>Neha</i>
21	Dr. Amruta Pacharne	<i>Pacharne</i>	<i>Pacharne</i>



22	Dr. Dipali Gangaram Ushire	<u>D</u>	<u>D</u>
23	Dr. Shivan Ravindra Tuptewar	<u>Shivan</u>	<u>Shivan</u>
24	Dr. Aniket Vijaykumar Raut	<u>Aniket</u>	<u>Aniket</u>
25	Dr. Gayatri Gorakh Gaikwad	<u>Gaikwad</u>	<u>Gaikwad</u>
26	Dr. Nivedita Niranjan Gosavi	<u>Nivedita</u>	<u>Nivedita</u>
27	Dr. Shukacharya Santram Waghmode	<u>Shukacharya</u>	<u>Shukacharya</u>
28	Dr. Sanket Nanabhau Ahire	<u>Shire</u>	<u>Shire</u>
29	Dr. Akash Anil Jadhav	<u>AJ</u>	<u>AJ</u>
30	Dr. Srushti Prabhakar More	<u>S</u>	<u>S</u>
31	Dr. Ashok Hansaram Choudhary	<u>Choudhary</u>	<u>Choudhary</u>
32	Dr. Pooja Balasaheb Sankpal	<u>Pooja</u>	<u>Pooja</u>
33	Dr. Vatsal Sunil Jawanjal	<u>Vatsal</u>	<u>Vatsal</u>
34	Dr. Ankit Arunkumar Sharma	<u>Ankit</u>	<u>Ankit</u>
35	Dr. Ronak Rajaram Ranage	<u>Ranage</u>	<u>Ranage</u>
36	Dr. Almaas Akbar Shaikh	<u>Almaas</u>	<u>Almaas</u>
37	Dr. Dnyaneshwar Ankanna Shinde	<u>Dnyaneshwar</u>	<u>Dnyaneshwar</u>
38	Dr. Gautam Shirsath	<u>Gautam</u>	<u>Gautam</u>
39	Dr. Abhijit Shinde	<u>Abhijit</u>	<u>Abhijit</u>
40	Dr. Dipika Rambhau Patil	<u>Patil</u>	<u>Patil</u>
41	Dr. Deepa Mandar Bhanage	<u>Deepa</u>	<u>Deepa</u>
42	Dr. Anjali P P	<u>Anjali</u>	<u>Anjali</u>
43	Dr. Chhaya Trimbakrao Munde	<u>Munde</u>	<u>Munde</u>
44	Dr. Monica Dasharathrao Madane	<u>Madane</u>	<u>Madane</u>
45	Dr. Harish Suresh Rathod	<u>Harish</u>	<u>Harish</u>



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Day 2:

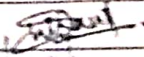
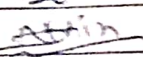
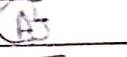
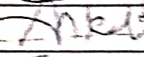
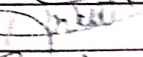
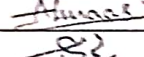
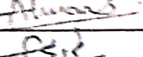
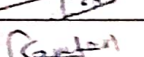
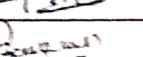
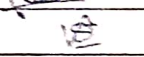
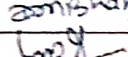
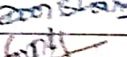
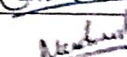
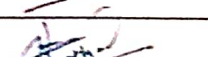
ASHVIN RURAL AYURVED COLLEGE MANCHI HILL
Basic Research Methodology Workshop
17 to 19 April 2025

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Day 2

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Day 3:

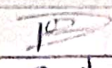
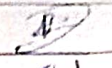
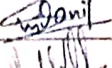
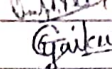
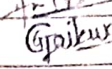
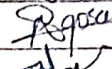
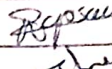
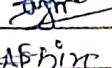
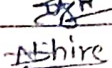
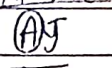
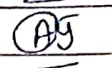
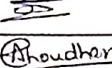
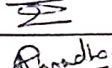
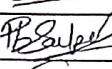
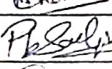
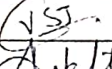
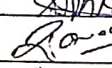
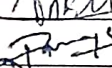
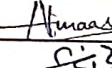
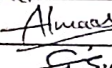
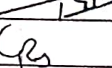
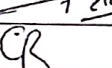
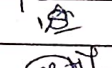
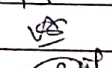
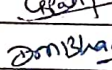
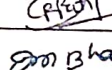
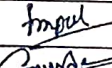
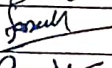
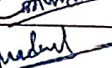
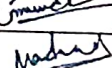
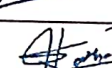
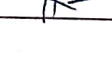
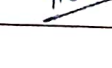
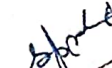
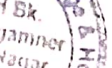
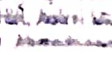
ASHVIN RURAL AYURVED COLLEGE MANCHHI HILL
Basic Research Methodology Workshop
17 to 19 April 2025

PARTICIPANT ATTENDANCE SHEET

Day 3

Sr. No.	Participant's Name	DATE – 19/04/2025	
		Morning	Evening
1	Dr. Nilesh Ashok Nandale	<i>Nandale</i>	<i>Nandale</i>
2	Dr. Ashwinee Ravindra Mahajan	<i>Ashwinee</i>	<i>Ashwinee</i>
3	Dr. Jadhav Diksha Ramrao	<i>DR</i>	<i>DR</i>
4	Dr. Darshana Ramesh Chopade	<i>Chopade</i>	<i>Chopade</i>
5	Dr. Supriya Prashant Shaha	<i>Shaha</i>	<i>Shaha</i>
6	Dr. Kishor Kailas Markad	<i>Markad</i>	<i>Markad</i>
7	Dr. Nilima Narayan Nandre	<i>Nandre</i>	<i>Nandre</i>
8	Dr. Harishsinh Balkrushna Pawar	<i>Pawar</i>	<i>Pawar</i>
9	Dr. Rahul Shivaji Deshmukh	<i>Deshmukh</i>	<i>Deshmukh</i>
10	Dr. Shivani Anil Khandagale	<i>Khandagale</i>	<i>Khandagale</i>
11	Dr. Prasanna Vikas Bodade	<i>Bodade</i>	<i>Bodade</i>
12	Dr. Rutika Rajendra Gangarde	<i>Gangarde</i>	<i>Gangarde</i>
13	Dr. Kadam Prithviraj Shivraj	<i>Shivraj</i>	<i>Shivraj</i>
14	Dr. Hetashree Anil Dabhade	<i>Dabhade</i>	<i>Dabhade</i>
15	Dr. Dayasagar Balajirao Jadhav	<i>Jadhav</i>	<i>Jadhav</i>
16	Dr. Chavan Akshata Ravindra	<i>Akshata</i>	<i>Akshata</i>
17	Dr. Vitthal Kashiram Jadhav	<i>Jadhav</i>	<i>Jadhav</i>
18	Dr. Vikrant Prashantrao Mohrir	<i>Mohrir</i>	<i>Mohrir</i>
19	Dr. Shweta Bharat Shinde	<i>Shinde</i>	<i>Shinde</i>
20	Dr. Dharmadhikari Neha Nilesh	<i>Nilesh</i>	<i>Nilesh</i>
21	Dr. Amruta Pacharne	<i>Pacharne</i>	<i>Pacharne</i>



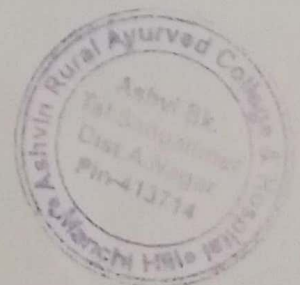
22	Dr. Dipali Gangaram Ushire		
23	Dr. Shivani Ravindra Tuptewar		
24	Dr. Aniket Vijaykumar Raut		
25	Dr. Gayatri Gorakh Gaikwad		
26	Dr. Nivedita Niranjan Gosavi		
27	Dr. Shukacharya Santram Waghmode		
28	Dr. Sanket Nanabhau Ahire		
29	Dr. Akash Anil Jadhav		
30	Dr. Srushti Prabhakar More		
31	Dr. Ashok Hansaram Choudhary		
32	Dr. Pooja Balasaheb Sankpal		
33	Dr. Vatsal Sunil Jawanjale		
34	Dr. Ankit Arunkumar Sharma		
35	Dr. Ronak Rajaram Ranage		
36	Dr. Almaas Akbar Shaikh		
37	Dr. Dnyaneshwar Ankanna Shinde		
38	Dr. Gautam Shirsath		
39	Dr. Abhijit Shinde		
40	Dr. Dipika Rambhau Patil		
41	Dr. Deepa Mandar Bhanage		
42	Dr. Anjali P P		
43	Dr. Chhaya Trimbakrao Munde		
44	Dr. Monica Dasharathrao Madane		
45	Dr. HarishSuresh Rathod		

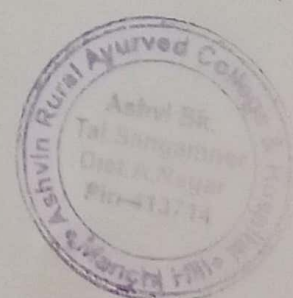


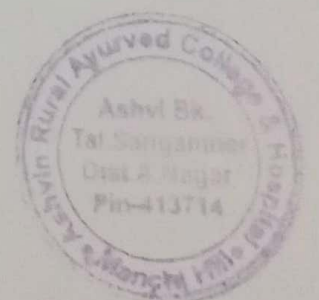

Principal
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Dist. Ahmednagar Pin-413714

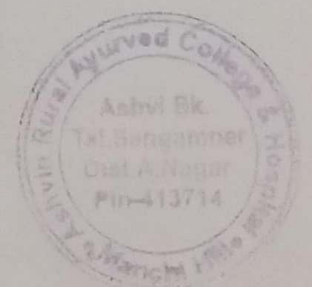
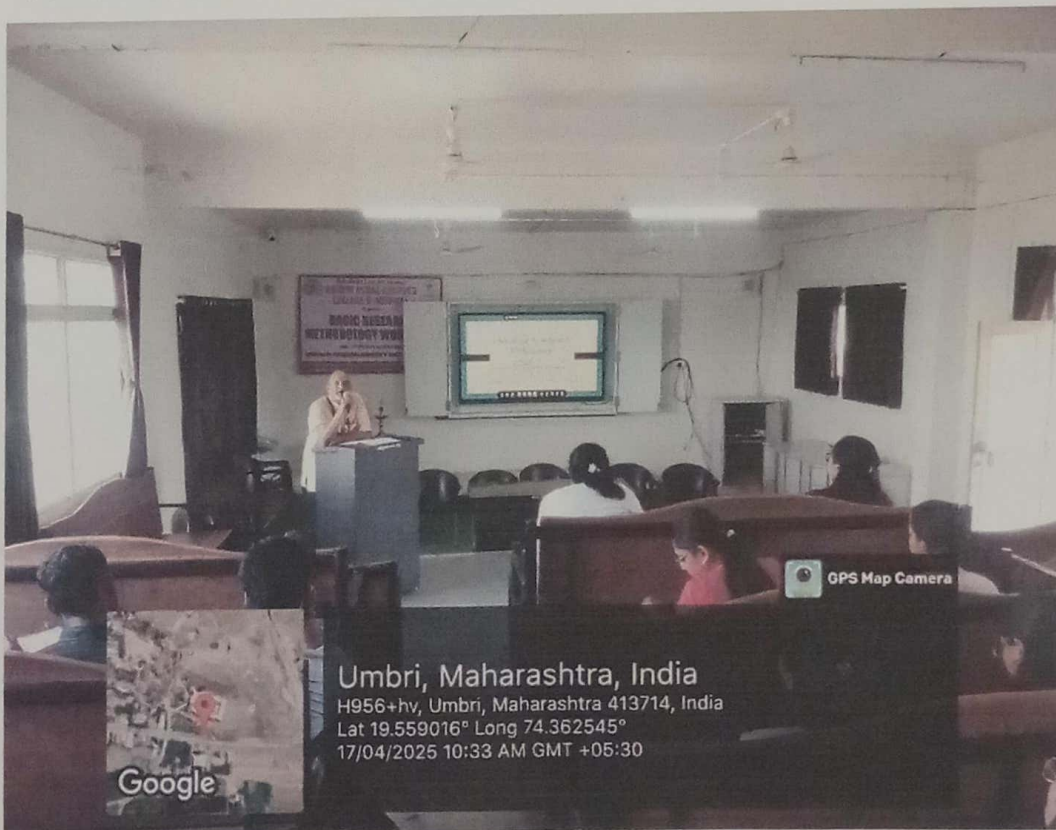


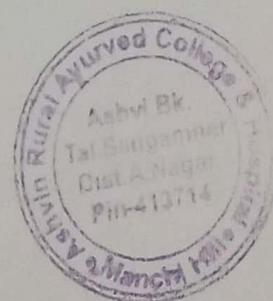
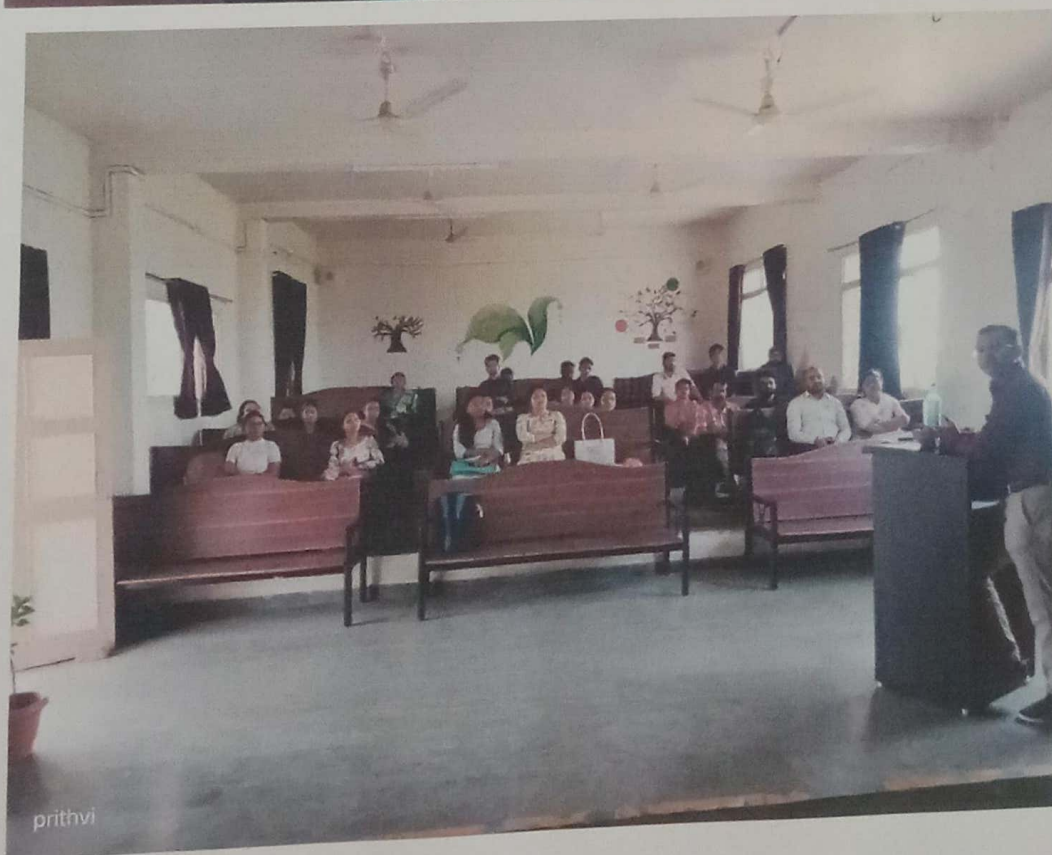
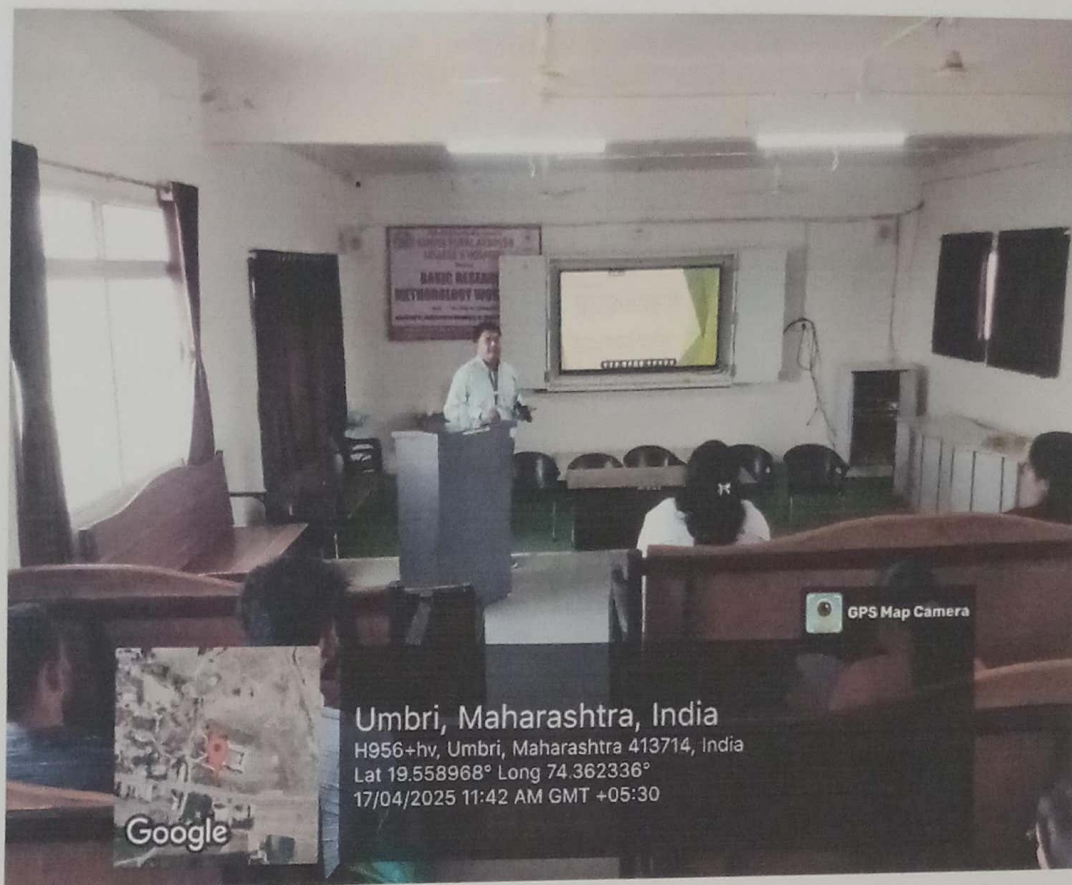
➤ Photos:

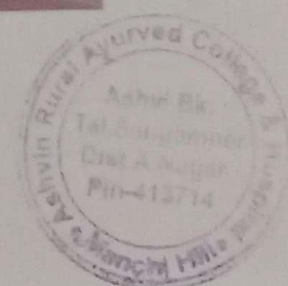


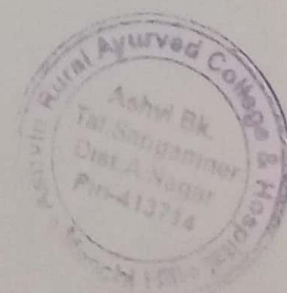


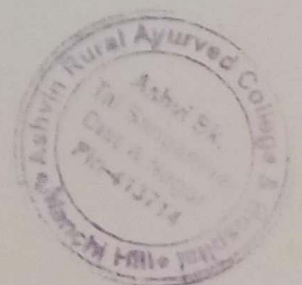
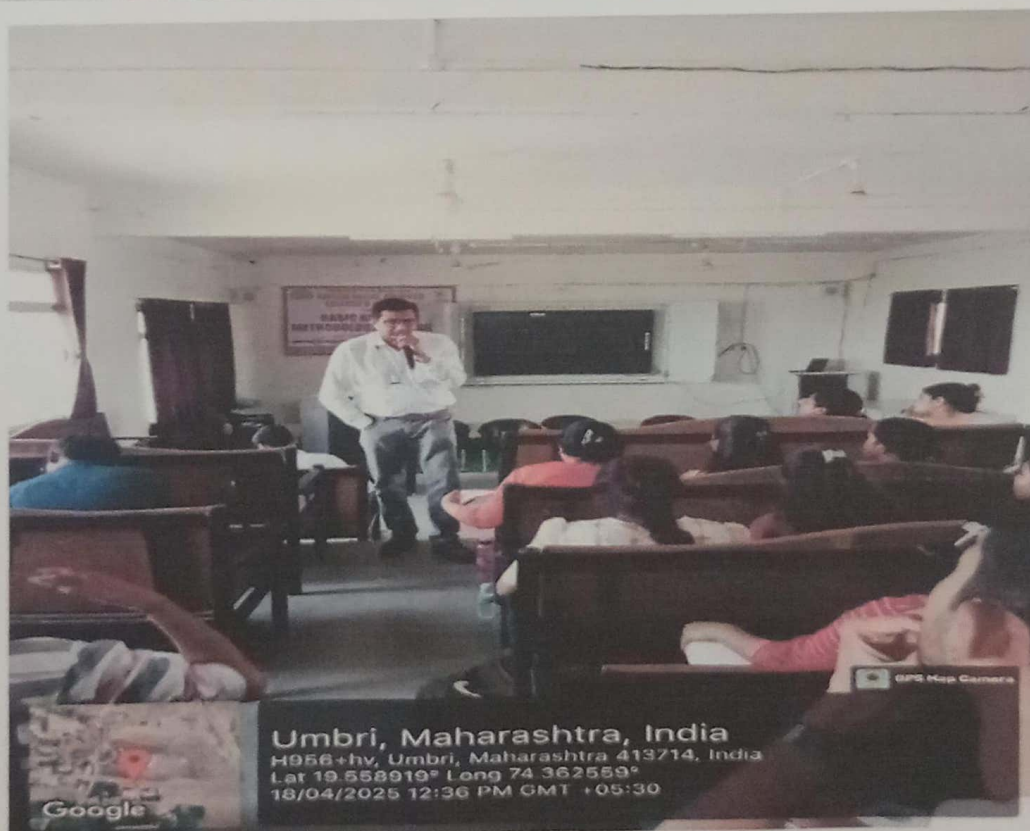
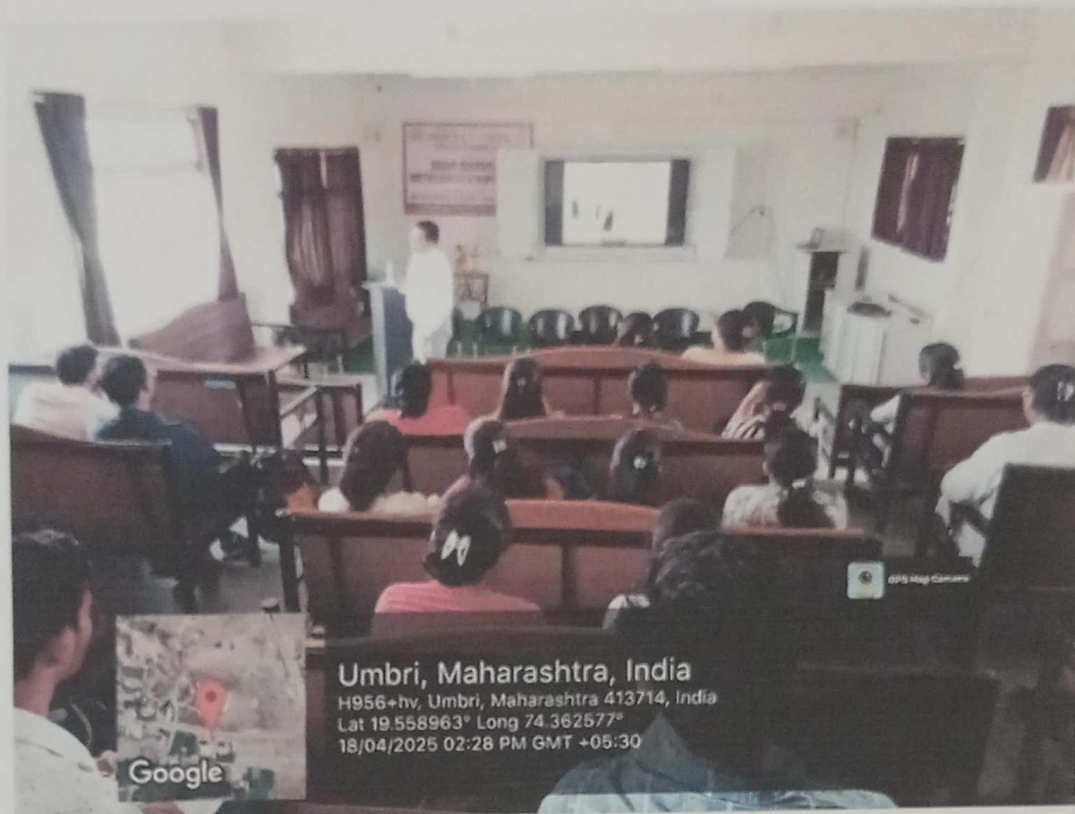














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