

**CELEBRATING SILVER JUBILEE YEAR
2025**

SANKALP TO SIDDHI ALUMNI LECTURE SERIES



**Vd Deepak Gandhi
BAMS.MD (Ayu)
Fellowship Scholar in
Ayurveda oncology**



Topic - कॅन्सर संप्राप्ती व काही रुग्णानुभव

**Organized by
Ashvin Rural Ayurved College Alumni Association**

**Dr Nishant Ingle
President
ARAC Alumni Association**



**Dr Shyamal Nirmal
Principal
ARAC, Manchi Hill**



06 August, 2025



11:00 am – 12:30pm



**Conferance Hall, Ashvin Rural Ayurved College,
Manchi hill, Sangamner, Maharashtra**

Ashvin Rural Ayurved College & Hospital, Manchi Hill, Sangamner

ARAC Alumni Association And Department of Agadtantra

Guest Lecture Report

Under the "Sankalp to Siddhi" – Alumni Lecture Series

Date: 06/08/2025 Time: 11:00 AM onwards

Venue: Conference Hall, ARAC, Manchi Hill

Topic of the Lecture

"Cancer and Ayurveda: (Samprapti - Rugnanubhav)

Guest Speaker

Dr. Deepak Gandhi

BAMS, MD (Ayu. Samhita Siddhant)

Fellowship Scholar in Ayurveda Oncology

Consultant – Niranjani Chikitsalaya, Daund

Visiting Consultant – Hyderabad & Pune-based Clinics

Dignitaries on the Dais

Chairperson: **Dr. Shyamal Nirmal**

Principal, ARAC

Co-Chairperson: **Dr. Ravindra Mirgane**

HOD Agadtantra Dept.



Session Flow: -

Anchoring: Ms. Sakshi Mathanikar

Guest Introduction: Ms. Ishwari Jagdale

Alumni Lecture Series Introduction: Dr. Nishant Ingle –

President, ARAC Alumni Association

Vote of Thanks: Dr. Neha Dharmadhikari

Principal's Guidance

Before the commencement of the session, Principal Dr. Shyamal Nirmal madam addressed the students and faculty, emphasizing the significance of alumni engagement in academic growth.

She highlighted the importance of learning from successful alumni like Dr. Gandhi, who exemplify the blend of classical knowledge and modern clinical practice. She motivated the students to actively participate, ask questions, and consider specialization areas such as Ayurvedic oncology for their future careers.

Present Faculty Members :-

Dr. Rajan Kulkarni- Medical Superintendent ARAH
Dr. Jitendra Shimpi – HOD, Rachana Sharir Dept & Vice Principal
Dr. Vidya Sarode – HOD, Strirog Dept
Dr. Chandrakant Girgune – HOD, Kriya Sharir Dept
Dr. Mandar Bhangе – HOD, Panchakarma Dept
Dr. Deepa Bhangе – HOD, Swasthavritta Dept
Dr. Shivpal Khandizod – HOD, Shalya Dept
Dr. Nishant Ingle – President, ARAC Alumni Association
Dr. Vikram Shelvale – Vice President, ARAC Alumni Association
Dr. Jayashree R. Kolhe – Associate Professor, Agadtantra Dept & Treasurer, Alumni Association
Dr. Pooja Deshpande
Dr. Geeta Datir
Dr. Manasi Deshmukh
Dr. Manali Deshmukh
Dr. Jyoti Khandare
Dr. Priyanka Adhav
Dr. Siddhesh Kanade
Dr. Amal Chandran
Dr. Sushama Khandizod
Dr. Nikita Shelke



Audience

Final Year BAMS students and Postgraduate Scholars

Lecture Summary

Dr. Deepak Gandhi delivered a highly informative and clinically oriented lecture on the topic "Cancer and Ayurveda: A Clinical Overview." He began by explaining the multifactorial causes and risk factors of cancer from both modern and Ayurvedic viewpoints. The session included detailed discussions on:

- Nidana Panchaka of cancer-like conditions
- Dosha, Dushya, and Dhatu involvement
- Importance of early detection and personalized Ayurvedic treatment
- Role of Rasayana chikitsa, Panchakarma therapies, and herbo-mineral formulations in cancer management
- Case studies from his own practice, demonstrating successful integration of Ayurvedic principles in oncology care
- Importantly, Dr. Gandhi emphasized the role of Agadtantra (Toxicology) in understanding and managing cancer in Ayurveda. He explained that:

Agad chikitsa principles are highly relevant, as many cancers have origins in toxic exposure – whether environmental, lifestyle-related, or due to chemical accumulation in the body.

Classical texts mention the role of Garavisha, Dushi Visha, and Dooshivishajanya vyadhis, which can mimic or aggravate chronic, degenerative diseases like cancer.

- Detoxification through Vishaghna dravyas, Agad yogas, and appropriate Panchakarma helps in both prevention and supportive treatment of cancer.



- The Agadtantra approach focuses not only on eliminating toxins but also on improving immunity (Ojas) and tissue regeneration (Dhatu poshan).
- This unique integration of Agadtantra principles in cancer care offered a fresh, interdisciplinary perspective that was highly appreciated by both UG and PG students.
- The session concluded with an interactive Q&A where Dr. Gandhi encouraged students to build strong foundations in Ayurvedic fundamentals, clinical reasoning, and to explore emerging fields like Ayurveda Oncology with confidence.

Outcomes

- Enhanced understanding of Ayurvedic oncology
- Motivated students to pursue clinical excellence and specialization
- Strengthened alumni engagement with the institution

Organized by: -

Department of Agadtantra and ARAC Alumni Association

Report Prepared by: -

Dr. Jayashree R. Kolhe
Associate Professor, Agadtantra Dept.
Treasurer, ARAC Alumni Association

Dr Amal Chandran
Assistant Professor
Agadtantra Dept.



[Signature]
Principal

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[Signature]
President
Ashvin Rural Ayurved College & Hospital
Alumni Association, Manchi Hill, Sangamner(MS)



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Dist: AN
Pin: 41

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