



Eklavya A. B. V. J. J. Va. M. Sevabhavi Sanstha's Sanchalit

ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

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Out Ward No. A.R.A.C/ 675

12025

Date: 30 / 09 / 2025

NOTICE

Under the Teacher Learning Program, a lecture has been organized by the Department of Agadtantra. All faculties are hereby informed to attend as per the following details:

Lecture Details

Speaker: Dr. Amal Chandran

Topic: Clinical Narratives in Visha Chikitsa – Case Presentation

Date: 30th September 2025

Time: 2:00 pm to 3:00 pm

Venue: Conference Hall

Organizing Committee

Principal: Dr. Shyamal Nirmal

Chairperson: Dr. Ravindra Mirgane

Co-Chairperson: Dr. Jayashree Kolhe

Organizing Coordinator: Dr. Tushar Deshpande



Spote

Principal

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DEPARTMENT OF AGADATANTRA

Detailed Report of Teachers Learning Program (TLP)

Date: 30th September 2025

Venue: Department Seminar Hall

Topic: "Clinical Narratives in Visha Chikitsa – Five Case Presentations"

Resource Person: Dr. Amal Chandran, Assistant Professor, Department of Agadatantra

Chairperson: - Dr. Ravindra Mirgane

Co- Chairperson: - Dr. Jayashree Kolhe

Principle: - Dr. Shyamal Nirmal

Organizing secretary: - Dr. Tushar Deshpande

Attendees: - All faculty members

INTRODUCTION

As part of the Teachers Learning Program (TLP) organized by the Department of Agadatantra, Dr. Amal Chandran delivered a lecture on "Clinical Narratives in Visha Chikitsa – Five Case Presentations" on 30th September 2025. The objective of the session was to explore the traditional and regional uniqueness of Keraleeya Visha Chikitsa Sampradaya, its historical development, and its practical relevance in contemporary Ayurvedic practice

J. S. K.

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SESSION OVERVIEW

Dr. Amal Chandran commenced the lecture by introducing the core concept of Visha Chikitsa as delineated in classical Ayurvedic literature, emphasizing its importance as one of the Ashtanga Ayurveda. He then traced the historical evolution of Keraleeya Visha Chikitsa, describing how Kerala became a distinctive center for toxicology and poison management owing to its tropical biodiversity, frequent encounters with toxic flora and fauna, and the intergenerational transmission of healing wisdom within traditional families.

The session vividly portrayed how the Dravida and Arya traditions of medicine blended in Kerala, giving rise to a unique therapeutic tradition that harmonized ritual, spirituality, and clinical science. Dr. Amal elaborated on how this synthesis shaped Kerala's distinctive Sampradaya in Visha Chikitsa, which continues to be practiced in rural healing centers.

He described the philosophical underpinnings and conceptual foundations of Visha Chikitsa, explaining the classification of poisons, their modes of action, and Ayurvedic principles of detoxification and rejuvenation. The discussion included the diagnostic logic of Kerala's traditional practitioners, who relied on proper diagnosis and treatment which derived from pratyaksha anubhava.

An important highlight was Dr. Amal's explanation of the spiritual and ritualistic aspects that accompany Visha Chikitsa in Kerala. He described how mantra prayogas and other ritual procedures are integrated into therapeutic practice, not merely as symbolic acts but as essential supportive measures grounded in Kerala's cultural and metaphysical worldview. These practices, he noted, embody the Ayurvedic principle of healing as a process that harmonizes both body and consciousness.

Dr. Amal further presented a concise review of historical references, ancient practitioners, and lost manuscripts related to Visha Chikitsa in Kerala. He mentioned how only fragments of certain works survived through oral tradition, while others have been preserved in palm-leaf manuscripts.

The lecture then transitioned into the clinical dimension, where Dr. Amal illustrated the continuity of tradition through real-life case presentations. He described how the Keraleeya Visha Chikitsa Sampradaya continues to inform modern Ayurvedic toxicology, providing time-tested frameworks for practical management of poison cases while preserving the individualized approach central to Ayurveda.

Throughout the session, the presentation was supported by references to classical sources, regional practices, and practical insights gathered from traditional centers of healing. The talk effectively bridged historical knowledge with contemporary relevance, inspiring a deeper appreciation among the participants for Kerala's living heritage of Visha Chikitsa.

CASE PRESENTATIONS

Dr. Amal illustrated the principles and applications of Keraleeya Visha Chikitsa through five authentic clinical case narratives, each representing a different category of poisoning.

1. Sarpa Damsha (Snake Bite Case) – Management of a snakebite case using Keraleeya visha chikitsa sampradaya-based protocols emphasizing both dravya and mantra prayoga approaches.
2. Vrischika Damsha (Scorpion Sting Case) – Case demonstrating the traditional external and internal management methods and rapid symptom relief achieved through local and internal formulations.
3. Shatapadi Damsha (Centipede Sting Case) – Illustration of localized visha shamana techniques and remedies practiced.
4. Keeta Visha (Insect Bite Case) – Case describing both local and systemic reaction managed effectively through internal and topical therapies.
5. Sthavara Visha (Plant Poisoning Case) – Management of a case of plant-origin toxicity using internal vishaghna dravyas, for long-term recovery.

Each case was explained in detail, highlighting the diagnostic reasoning, line of treatment, medicine selection, and the successful outcomes reflecting the efficacy of the Visha Chikitsa Sampradaya.

INTERACTIVE SESSION

Following the presentation, there was an active interactive session in which faculty members from various departments participated. Questions were raised regarding the scope of integration of three regional Ayurvedic practices in contemporary education and research. Dr. Amal responded to each query with clarity, emphasizing the importance of preserving the authenticity of traditional knowledge while promoting its understanding.

CONCLUSION

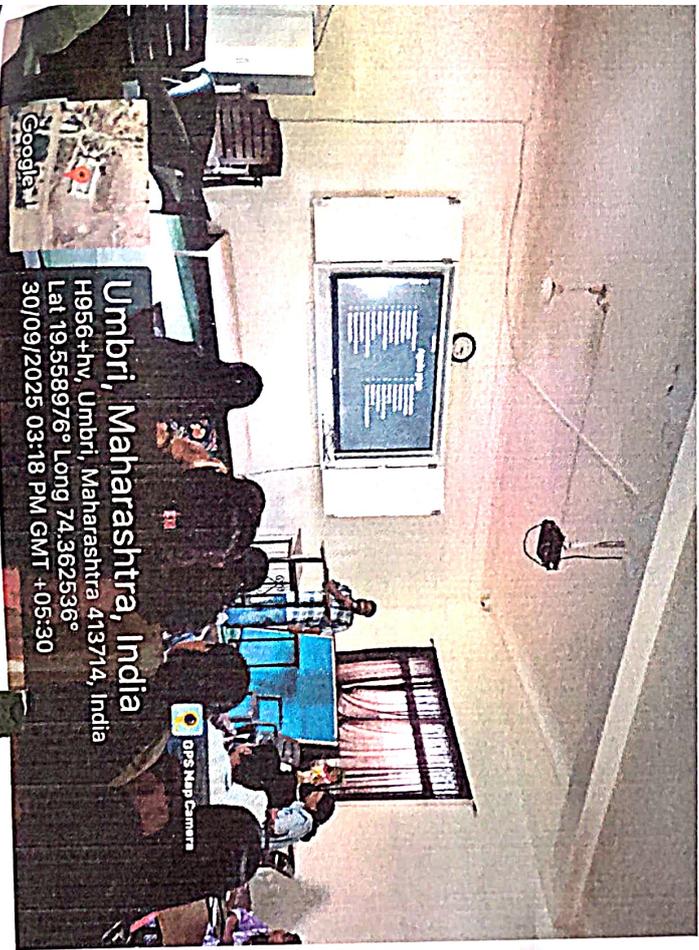
The session offered a comprehensive understanding of Keraleeya Visha Chikitsa from its historical, philosophical, and clinical perspectives. It effectively highlighted the distinctive features of regional Ayurvedic toxicology and its continuing significance in contemporary Ayurvedic education and clinical practice. The lecture contributed to broadening the academic outlook of the Teachers Learning Program by emphasizing the importance of region-specific Ayurvedic knowledge systems, their documentation, and their relevance in modern pedagogy.

The Department of Agadatantra successfully conducted the program as part of its ongoing efforts to promote academic collaboration, enhance subject understanding among faculty members, and preserve the traditional knowledge systems that form the foundation of Agadatantra.

Vote of Thanks: - Dr. Ganesh. G. Natha



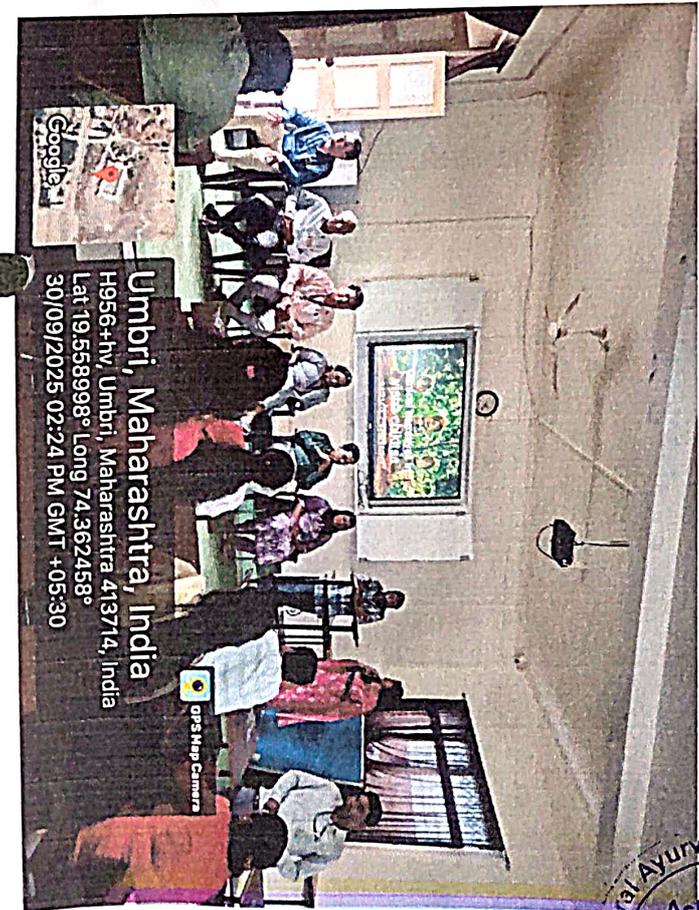
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