



Eklavya A.B. V.J.J.Va. M. Sevabhavi Sanstha's Sanchalit
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL
MANCHI HILL, ASHVI BK, TAL-SANGAMNER,
DIST-A. NAGAR (M.S.) 413714

CORDIALLY INVITES YOU TO JOIN A LECTURE UNDER
TEACHER LEARNING PROGRAM ON

"Application of Sharir Sthan in Charak Samhita"

Organized by

Department of Rachana Sharir
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL



Eminent Speaker

Dr. Jitendra Suresh Shimpi
Prof, Dept. of Rachana Sharir.

DATE : 25th July 2025 (Friday) TIME: 09:30 AM to 11:00 AM
Venue:- Seminar Hall, Ashvin Rural Ayurved College, Manchi Hill

Principal

Dr. Shyamal P Nirmal
Prof. Dept. of Rasashastra & B.K.

Chairperson

Dr. Shivapal G. Khandizod
Prof. Dept. of Shalya Tantra

Co-Chairperson

Dr. Chandrakant S. Shinde
Asso. Prof. Dept. of Rachana Sharir

Organizing Coordinator

Dr. Tushar Deshpande
Asso. Prof. Dept. of Dravyaguna

Dr. Siddheshwar Kanade
Assist. Prof. Dept. of Rachana Sharir



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ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

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Out Ward No. A.R.A.C/ 15130 12025

Date: 25/07/2025

Teacher Learning Program – Lecture Report

Organized by:

Department of Rachana Sharir

Ashvin Rural Ayurved College & Hospital,

Manchi Hill, Ashvi Bk, Tal: Sangamner, Dist.: Ahmednagar – 413736.

☐ Date: 25th July 2025 (Friday)

⌚ Time: 09:30 AM to 11:00 AM

📍 Venue: Seminar Hall, Ashvin Rural Ayurved College, Manchi Hill

📖 Topic of the Lecture:

“Application of Sharir Sthan in Charak Samhita”

This lecture was conducted under the Teacher Learning Program (TLP) with the objective of enhancing teaching methodology, deepening classical knowledge, and connecting ancient Ayurvedic literature with modern learning practices. The session provided a comprehensive understanding of Sharir Sthan as mentioned in Charak Samhita, emphasizing its relevance in both education and clinical contexts.

🗣️ Eminent Speaker:

Dr. Jitendra Suresh Shimpi

Professor, Department of Rachana Sharir

Ashvin Rural Ayurved College & Hospital

Dr. Shimpi delivered a thought-provoking session covering the conceptual, philosophical, and anatomical aspects of Sharir Sthan. The lecture highlighted key sutras from Charak Samhita and interpreted them in a way that aligned with current academic standards, Logical reasoning, Practical reasoning & clinical reasoning. His interactive approach encouraged open dialogue between faculty and students.

👤 Dignitaries Present:

Principal:



Dr. Shyamal P. Nirmal

Professor & Head, Dept. of Rasashastra & Bhaishajya Kalpana

Chairperson:

Dr. Shivapal G. Khandizod

Professor, Dept. of Shalya Tantra

Co-Chairpersons:

Dr. Chandrakant S. Shinde

Associate Professor, Dept. of Rachana Sharir

Dr. Nandu Godge

Assistant Professor, Dept. of Rachana Sharir

Dr. Siddheshwar R. Kanade

Assistant Professor, Dept. of Rachana Sharir

Organizing Coordinator:

Dr. Tushar Deshpande

Associate Professor, Dept. of Dravyaguna

 **Listeners & Participants:**

 **Faculty Participants:**

1. Dr. Chandrakant Sopan Shinde
2. Dr. Dnyaneshwar A. Shinde
3. Dr. Siddhesh R. Kanade
4. Dr. Priyanka B. Athav
5. Dr. Shivapal Khandizod
6. Dr. Jyoti Khandizod
7. Dr. Pooja Deshpande
8. Dr. Tushar Deshpande
9. Dr. Atik Momin
10. Dr. Avinash Jadhav

 **Students Present:**

2nd Year BAMS students of Ashvin Rural Ayurved College actively participated in the session.

They attentively listened, asked meaningful questions, and showed a commendable interest in the classical concepts, particularly how ancient texts can be applied in modern anatomical study and Ayurvedic practice.



📌 Program Highlights:

Detailed overview of the five Sharir Sthans in Charak Samhita.

Clarification of complex sutras using relatable clinical examples.

Faculty development through teaching-oriented interpretation.

Strong student engagement and Q&A interactions.

Promotion of interdisciplinary understanding between Samhita and Rachana Sharir.

✅ Outcome of the Session:

Improved pedagogical approach to teaching Sharir Sthan.

Faculty were able to appreciate the depth of classical references and their utility in Ayurvedic education.

Students gained an enriched perspective of classical anatomy and its practical implications.

The session served as a model for integrating traditional knowledge with modern academic methodologies, fulfilling the vision of the Teacher Learning Program.

📄 Supporting Documents:

Official Invitation Poster

Faculty Attendance Sheet with Signatures




Principal
Ashvi Rural Ayurved College & Hospital
Manchi Hill, Ashvi Bk., Tal. Sangamner
Dist. Ahmednagar. Pin-413714

Faculty Participant's
Name

1) Dr. Chandrakant Sopan Shinde -

Sign
Shinde C.S.

2) Dr. Dnyaneshwar A. Shinde

Shinde

3) Dr. Siddhesh R. Kanade

Kanade

4) Dr. Priyanka B. Adhav

Adhav

5) Dr. Shirpal Khondkare

6) Dr. Spoli Wankhore

Wankhore

7) Dr. Pooja Deshpande

P. T. Deshpande

8) Dr. Tushar Deshpande

Deshpande

9) Dr. Atile Nomin

Nomin

10) Dr. Nikita S. Shelke

Shelke

11) Dr. C. S. Girgure

Girgure

12) Dr. Priyanka R. Meher

Meher

13) Dr. Geeta M. Datar

Datar

14) Dr. Vikram A. Shelke

Shelke

Aditya Kundlik Dhage

~~sign~~
~~sign~~
AK. Dhage

1) Yogesh Kashinath Patkar

Y. Patkar

2) Tujas Ramesh Shelar

T. Shelar

3) Chetan Madan Kharad

C. Kharad

4) Pritam Uttam Kumbhe

P. Kumbhe

5) Nikhil Ganesh Chaudhari

N. Chaudhari

6) Shahu Manin Budhan

S. Budhan

7) Sujal Santosh Gurav

S. Gurav

8) Pranav Vasant Borate

P. Borate

9) Yash Pralub Patil

Y. Patil

10) Spandan Pradeep Pedpathak

S. Pedpathak

11) Shivam Ajinath Chobhe

S. Chobhe

12) Aditya Rajendra Golande

A. Golande

13) Sham Bramhdev Walekar

S. Walekar

14) Projwal Raju Khundorkar

P. Khundorkar

15) Kumal Chandrakant Sevate

K. Sevate

16) Swapnil Anil Dongardive

S. Dongardive

17) Rakesh Ramsurat Patil

R. Patil

18) Gailwad Vivek Nitin

G. Nitin

19) WADJE RUSHIKESH BALAJI

W. Balaji

20) Pushkar Kuxer

P. Kuxer

21) Anant Patil

A. Patil

22) Omkar Bhayal

O. Bhayal

23) Nikant Chaudhari

N. Chaudhari

24) Nikant Chaudhari

23) Aniket Vaife

24) Om Miskate

25) Samant Chougale

26) Pranav Bedare

27) Parth

28) Ayush

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Jiksha
Shreyo
R...

- Diksha Prakash Giangthade
 Shreya Anandrao Khatavkar.
 Reeya Deepak Bansod
 1) Swarupa Ramchandra Tombaro
 35] Sakshi Rajendra Salunkhe.
 36] Pratiksha Gautam Hirve
 37] Swarnini Ramesh Ghuge.
 38] Tanni Nanasa Deshmukh
 39] Sarali Anand Adhara
 40] Amruta Ramchandra Amune
 41] Bhumika Pravin Jadhav
 42] Nishita Sangram Keripale.
 43] Pranita Prakash Patil
 44] Gauri Rahul Kale
 45] Gogawale Apeksha Kailas
 46] Babli Subhash Karad
 47] Sanjivani Sanjay Wankhede
 48] Kapase Aishwarya Ravindra
 50] Kolbe Kirtee Sandeep
 51] Kasabe Saniya Dadasaheb
 52] Amruta Pandit Kulkarni
 53] Vaishnavi Ganesh Erule
 54] Yuyandharaj Vilas Ghule
 55] Shatavani Nandkishor Vibhute
 56] Tanaya Ranjeetsing Jadhav
 57] Rutuja Gopalsing Rajput

Giangthade.

Sakhatkul.

Bansod..

Tombaro

Salunkhe

Hirve

Swarnini

Tanni

Adhara

Amune

Jadhav

Keripale

Patil

Kale

Kailas

Karad

Wankhede

Ravindra

Sandeep

Dadasaheb

Kulkarni

Erule

Ghule

Vibhute

Jadhav

Rajput

Sr.	Name	Sign
1)	Mote Pratiksha Janardhan	<u>Mote</u>
2)	Pande Sakshi Tulshiram	<u>Pande</u>
3)	Dhanait Shatakshi Pramod	<u>Dhanait</u>
4)	Palaskar Pranjali Ajun	<u>Pranjali</u>
5)	Priti Rajendra Dhakane	<u>Priti Dhakane</u>
6)	Shruti Ashok Kumar Sankle	<u>Shruti</u>
7)	Shweta Sopan Chavan	<u>Shweta</u>
8)	Anurati Sushil Kanna	<u>Anurati</u>
9)	Shravani Manuti Pathade	<u>Shravani</u>
10)	Khan Aemima Abdul Rahim	<u>Aemima</u>
11)	Shinde Vaishnavi Vinod	<u>Shinde</u>
12)	Nalawade Vaishnavi Dnyaneshwar	<u>Nalawade</u>
13)	Sauka Anil Vaidya	<u>Sauka</u>
14)	Priti Ashok Satpute	<u>Priti</u>
15)	Chinmayee Chintamani Dixit	<u>Chinmayee</u>
16)	Nandalwar Gauri Ramesh	<u>Gauri</u>
17)	Rajnandini Rajesh Rode	<u>Rajnandini</u>
18)	Eesha dashrath Kolpe	<u>Eesha</u>
19)	Ahilya Sanjay Sankochwar	<u>Ahilya</u>
20)	Denyani Chandrashekhar Pagare	<u>Denyani</u>
21)	Richa Bhaskar Khetare	<u>Richa</u>
22)	Kranti Narayanna Pisal	<u>Kranti</u>
23)	Vaishnavi Sunil Shinde	<u>Vaishnavi</u>
24)	Neha Chhattarsing Barela	<u>Neha</u>
25)	Anita Biswarayan Mejr	<u>Anita</u>
26)	Doifode Kishori Hanuman	<u>Doifode</u>
27)	Khan Suzayya Shamuddin	<u>Khan</u>
28)	Tanisha Kailash Sonawane	<u>Tanisha</u>
29)	Anushka Dhenuji Dhivon	<u>Anushka</u>
30)	Gopalghare Anam Vikas	<u>Gopalghare</u>

Guest lecture attendance -

- | | |
|----------------------------------|---------------------|
| 1) Bankar Aniket Santosh | <u>Bankar</u> |
| 2) Krishna Pralhad Kale | <u>Kale</u> |
| 3) Pahl Omprasad Ramchandra | <u>Ambedkar</u> |
| 4) Fadnis Dipak Vilas | Fadnis |
| 5) Prasad Sainath Kaway | <u>Kaway</u> |
| 6) Sathak Bhausaheb 175x | <u>Sathak</u> |
| 7) Pranav Eknath Phule | <u>Phule</u> |
| 8) Avinash Sanjay Susyawanshi | <u>Susyawanshi</u> |
| 9) Yash Dilip Khedker | <u>Khedker</u> |
| 10) Dinesh Bhaswar Ambekar | <u>Ambekar</u> |
| 11) Vaibhav Vaidya | <u>Vaidya</u> |
| 12) Shreyash Mali | <u>Mali</u> |
| 13) Suraj Devade | <u>Devade</u> |
| 14) Manoj Chaudhari | <u>Chaudhari</u> |
| 15) Nivritti Bhange | <u>Bhange</u> |
| 16) Balaiah Sachin | <u>Sachin</u> |
| 17) Mahesh Nagryojee | <u>Nagryojee</u> |
| 18) Rupesh Shitole | <u>Shitole</u> |
| 19) Ushel Shelute | <u>Shelute</u> |
| 20) Parjane Vishrajit | <u>Vishrajit</u> |
| 21) Harkar Suraj | <u>Harkar</u> |
| 22) Aakash Dhurgude | <u>Dhurgude</u> |
| 23) Poem Bachhav | <u>Bachhav</u> |
| 24) Om Aher | <u>Aher</u> |
| 25) Yashraj Bhakare | <u>Bhakare Y.G.</u> |
| 26) Vikas Katare | <u>Katare</u> |

- अंजली साहेबराव दळवी Anjali
- सायली संजय सरडे Sayale
- I) प्रिती राजेंद्र जैसवाल Prin
- II) चृष्टी दिनेश पडवळ Chrushti
- III) हर्षिणी सुनील अत्वे Harsi
- IV) विशाखा सचिन काटकर Vishakha
- V) अनन्या शोकेश कोठारी Ananya
- VI) प्रद्युम्ना राजेंद्र गरदरे Pradyumna
- VII) प्रद्युम्ना भास्कर देवरे Pradyumna
- VIII) वैष्णवी विकास जंगाने Vaishnavi
- IX) श्रुतिका श्रीकांत जोशी Smritika
- X) शैलार प्रद्युम्ना जोतीराम Shelar
- XI) पुतिष्ठा पुल्हाद शिंदे Pushti
- XII) महक दसनगरि मोडाल Mahak
- XIII) कृतिष्ठा विजय उज्जैनपुर Kritisha
- XIV) वैष्णवी पोपट धुले Vaishnavi
- 17) पुर्वा दिपक शिंदे Purva
- 18) अनुष्ठा सुनील खामकर Anushtha
- 19) सिद्धी तुषार म्हास्के Siddhi
- 20) शर्वरी जालिंदर जासुद Sharvri
- 21) सायली सुखदेव पाटीले Sayali
- 22) श्रुतिका रूपेश पाडवी Smritika
- 23) श्वेता गोपाळ भंडारे Shweta
- 24) महक शादाब शेख Mahak
- 25) सजल सज्जन पाटील Sajal
- 26) हर्षदा जगन्नाथ पाटील Harsada
- 27) श्रद्धा देविदास खांडेभराड Shraddha
- 28) शावणी अनिल जोताडे Shavani
- 29) गौरी सुरेश फुलशंकर Gauri
- 29) पटोर नुतन तुकाराम Patore
- 30) आगोणे मधुरा संजय Agone
- 31) कुरुंदकर मैथिली गणेश Kurundkar
- 32) वनसोडे तेजस्विनी संजय Vansode



