



Eklavya A. B. V. J. J. Va. M. Sevabhavi Sanstha's Sanchalit
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

Sadvi Preetisudhaji Maharaj Nagar, Manchi Hill, Ashvi Bk., Tal. Sangamner,
Dist. Ahilyanagar, Pin-413 714 (M.S.)

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NCISM Code : AYU0190

MUHS Code : 123109 (3313)

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Out Ward No. A.R.A.C/ 805 12026

Date: 15/01/2026

CIRCULAR

It is being informed to all teachers, that the department of Kriya Sharir has organized a teacher seminar under Continuing Medical Education (CME) on the topic "Dhatu Poshana Nyaya & Modern Nutritional Physiology "

Date- 17/ 01 /2026

Time- 11am to 12pm

Venue-New First Year Classroom, Ashvin Rural Ayurved College, Manchi Hill.

Speaker- Dr. Jaikumar Sadashiv Ade.

Attendance of all Student is mandatory for CME

(Signature)
HOD,

(Dept. of Kriya Sharir)

Copy To –

- 1) Notice Board
- 2) All Dept. HOD
- 3) Academic Incharge



(Signature)
Principal
Ashvin Rural Ayurved College & Hospital
Manchi Hill, Ashvi Bk., Tal. Sangamner
Dist. Ahmednagar. Pin-413714



Eklavya A.B. V.J.J.Va. M. Sevabhavi Sanstha's Sanchalit
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL
MANCHI HILL, ASHVIN BK, TAL-SANGAMNER,
DIST-A. NAGAR (M.S.) 413714

CORDIALLY INVITES YOU TO JOIN A LECTURE UNDER
CME ON

“Dhatu Poshana Nyaya & Modern Nutritional Physiology”

Organized by

Department of Kriya Sharir
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL



Eminent Speaker

Dr. Jaikumar Sadashiv Ade

Designation. Associate Professor; Sharir Kriya Department
Vasantdada Patil Ayurvedic College, Solapur

DATE: 17th Jan 2026 (Saturday) TIME: 11:00 AM to 12:00pm
Venue: - Seminar Hall, Ashvin Rural Ayurved College, Manchi Hill

Principal

Dr. Shyamal P. Nirmal
Prof. Dept. of Rasashastra & B.K.

Chairperson

Dr. Chandrkant S. Girgune
Prof. Dept. of Kriya Sharir

Co-Chairperson

Dr. Dhananjay B. Bairagi
Asso. Prof. Dept. of Kriya Sharir

Organizing Secretary

Dr. Abhijit B. Durge
Asso. Prof. Dept. of Kriya Sharir
Dr. Nikita S. Shelke
Assi. Prof. Dept. of Kriya Sharir

Organizing Coordinator

Dr. Atiq E. Momin
Assi. Prof. Dept. of Rasashastra & B.K.



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NCISM Code : AYU0190

MUHS Code : 123109 (2012)

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Out Ward No. A.R.A.C/ 15863 12026

Date: 28/1/2026

REPORT OF KRIYA SHARIR DEPARTMENT CME

Name of activity -Kriya Sharir CME

Date and Time -17th JAN 2026, 11 AM

Topic - Dhatu Poshana Nyaya and Modern Nutritional Physiology

Venue- Seminar Hall, ARAC Manchi Hill

Name of Department- Kriya Sharir

Participants- First Year Students

A Continuing Medical Education (CME) program was organized by the Department of Kriya Sharir with the objective of enhancing academic knowledge and bridging classical Ayurvedic concepts with modern scientific understanding.

The session was delivered by Dr. Jaikumar Sadashiv Ade Sir, Associate Professor, Department of Kriya Sharir, Vasantdada Patil Ayurvedic College, Solapur. He is a renowned academician known for his in-depth knowledge of Ayurvedic physiology and its correlation with modern science. Dr. Nikita Sitaram Shelke, Assistant Professor, Kriya Sharir Department, has introduced our speaker Dr. Ade sir.



The topic of the lecture was “Dhatu Poshana Nyaya and Modern Nutritional Physiology.” Dr. Ade Sir explained the fundamental principles of Dhatu Poshana described in Ayurveda, elaborating on the different theories such as Ksheera-Dadhi Nyaya, Kedari-Kulya Nyaya, and Khale-Kapota Nyaya. He highlighted how these concepts explain the sequential nourishment of Dhatus and the importance of proper digestion (Agni) in maintaining health.

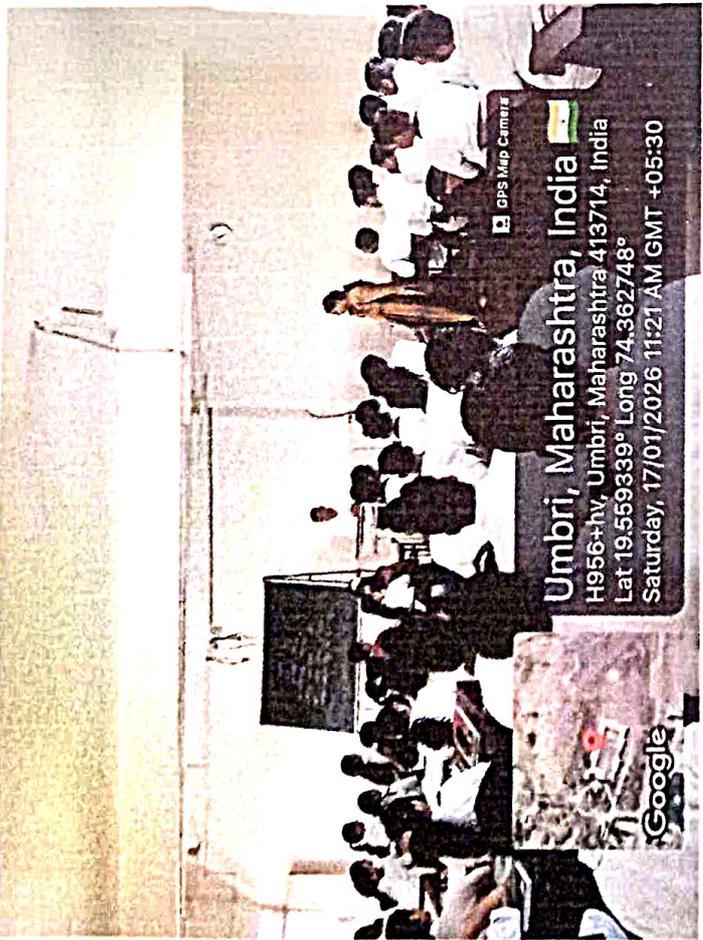
Further, he correlated these classical theories with modern nutritional physiology, including digestion, absorption, metabolism, tissue formation, and transport of nutrients at the cellular level. He beautifully illustrated how the Ayurvedic concept of Ahara Rasa, Srotas, and Agni aligns with modern ideas of nutrient assimilation, circulation, and tissue metabolism. The integration helped students understand that Ayurveda and modern science share a common physiological foundation, expressed through different terminologies.

The lecture was highly informative, interactive, and enriched with clinical relevance. Students and faculty members actively participated in the discussion, and doubts were clarified effectively. The CME successfully deepened the understanding of Ayurvedic physiological principles in the light of contemporary nutrition science.

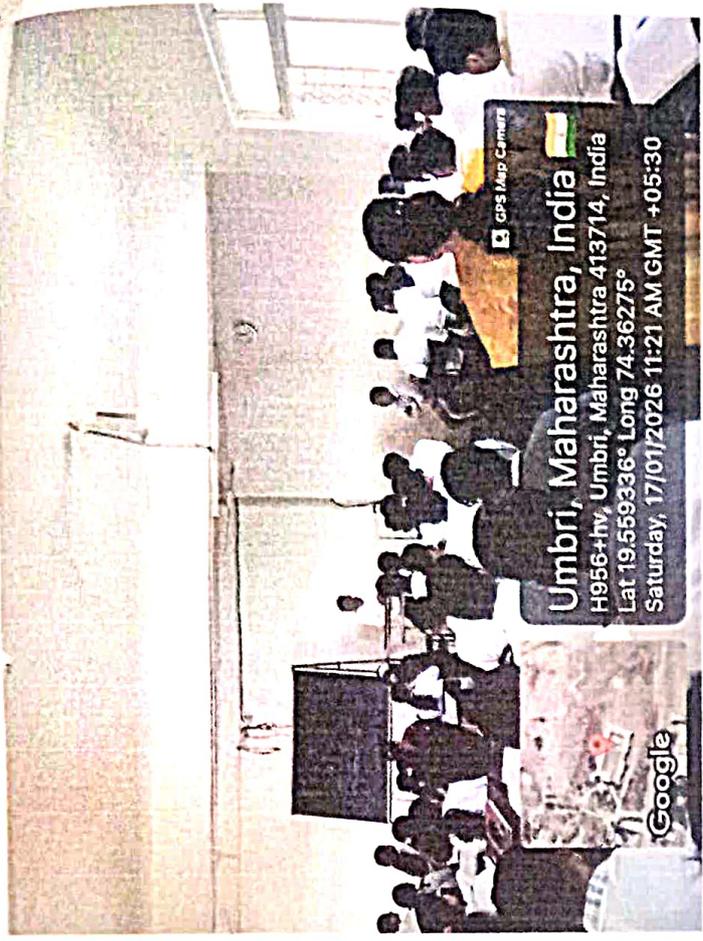
The program concluded with a vote of thanks by Dr. Girgune sir expressing gratitude to Dr. Ade Sir for his valuable guidance and to all participants for making the session successful.




Principal
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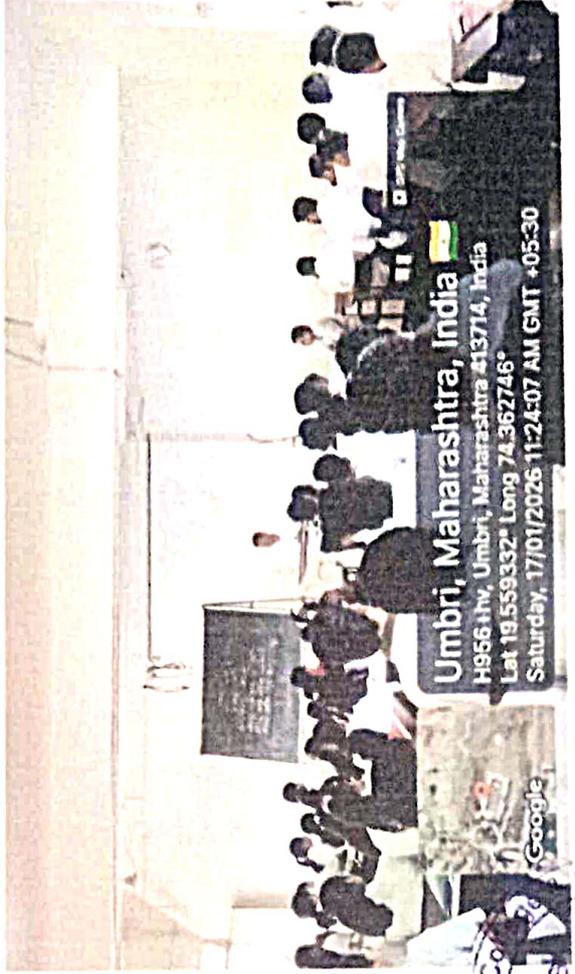
GPS Map Camera
Umbri, Maharashtra, India
H956+hw, Umbri, Maharashtra 413714, India
Lat 19.559339° Long 74.362748°
Saturday, 17/01/2026 11:21 AM GMT +05:30



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Lat 19.559331° Long 74.362746°
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Lat 19.559332° Long 74.362746°
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Dist. A. Nagar
Pin-413714

Ashvin Rural Ayurved College & Hospital Manchi Hill, Sangmaner.

First Year 2025-26

Kriya Sharir Department CME

Date -17/01/2026

Sr. No.	Student Name	Sign
1	Andhale Sneha Bhausaheb	<i>[Signature]</i>
2	Ahire Khushi Bharat	<i>[Signature]</i>
3	Ansari Najma Parveen Nazre Alam	<i>[Signature]</i>
4	Arote Atharv Sandip	<i>[Signature]</i>
5	Awchar Aditya Subhash	<i>[Signature]</i>
6	Bade Sanskruti Navanath	<i>[Signature]</i>
7	Bansode Vaishnavi Kishor	<i>[Signature]</i>
8	Bhadke Samiksha Sanhit	<i>[Signature]</i>
9	Bhalerao Subodh Datta	<i>[Signature]</i>
10	Bhandkoli Pravin Yashwant	<i>[Signature]</i>
11	Bhatarkar Tanushri Ramkrushna	<i>[Signature]</i>
12	Bhokre Vaishnavi Ganesh	<i>[Signature]</i>
13	Bhosale Diksha Rajendra	<i>[Signature]</i>
14	Borate Jaie Vasant	<i>[Signature]</i>
15	Chavan Pratidnya Hanuman	<i>[Signature]</i>
16	Chavan Shantanu Vishnubhagwan	<i>[Signature]</i>
17	Chavan Suyash Satish	<i>[Signature]</i>
18	Dabhade Omkar Sandip	<i>[Signature]</i>
19	Dahe Rashmi sainath	<i>[Signature]</i>
20	Dangane Harshada Anil	<i>[Signature]</i>
21	Date Pooja Vaijinaath	<i>[Signature]</i>
22	Deshmukh Nachiket Manoj	<i>[Signature]</i>
23	Devkhile Srushti Pravin	<i>[Signature]</i>
24	Dhage Shubhangi Bhanudas	<i>[Signature]</i>
25	Dhawane Parth Krishna	<i>[Signature]</i>
26	Dhenge Jaydip Ambadas	<i>[Signature]</i>
27	Gadage Siddhesh Kaluram	<i>[Signature]</i>
28	Gavali Vaibhavi Netaji	<i>[Signature]</i>
29	Gharte Mansi Sachin	<i>[Signature]</i>
30	Gopalghare Sandip Sanjay	<i>[Signature]</i>
31	Gunjarge Ruturaj Balaji	<i>[Signature]</i>
32	Gupta Disha Krishnakant	<i>[Signature]</i>
33	Hake Sandesh Ramesh	<i>[Signature]</i>
34	Hande Prathviraj Ramdas	<i>[Signature]</i>
35	Jadhav Bhagvanta Rameshwar	<i>[Signature]</i>
36	Jathar Ankita Anil	<i>[Signature]</i>
37	Jogdand Komal Indrajeet	<i>[Signature]</i>
38	Jondhale Shreya Navnath	<i>[Signature]</i>

39	Kadam Shubham Sunil	Shubham
40	Kamble Manju Santosh	M. Kamble.
41	Karankal Khushal Hemant	Karankal
42	Kargal Sanika Dnyandeo	Kargal
43	Karnar Swapnil Bhaulal	Karnar
44	Khamkar Kiran Bhausaheb	Khamkar
45	Khan Rida Ul Fatima Akram	Khan
46	Khandare Vishwas Kailas	V Khandare
47	Khedkar Vaishnavi Vishnu	Khedkar
48	Khetre Rahul Vachisht	Khetre
49	Lakhute Prathmesh Pradip	Prathmesh
50	Mandhare Dewang Dnyaneshwar	Dewang M.
51	Mahadik Diksha Goraksh	Mahadik
52	Mane Padmashree Sangram	Mane
53	Misal Praniti Shrinivas	Misal
54	More Vaishnavi Sanjay	More
55	Musmade Prasad Ramesh	Musmade
56	Mutekar Ankita Ganesh	Mutekar
57	Nakadi Sangita Krushna	Nakadi
58	Narwade Sushant Gajanan	Narwade
59	Pandhare Ashwini Balasaheb	Pandhare
60	Panhalkar Rutuja Santosh	Panhalkar
61	Parekar Nayan Prashant	Nayan
62	Parse Dinesh Manohar	Dinesh
63	Patil Alisha Subhash	Patil
64	Patil Bhavika Samadhan	Patil
65	Patle Kamini Presen	K.P. Patle
66	Pawar Ritesh Eknath	Pawar
67	Pawar Shreejita Dinesh	Shreejita
68	Pawara Rakesh Jamadar	Pawara
69	Pokale Aniket Dattatray	A.P. Pokale
70	Pulkante Akanksha Chandrakant	Pulkante
71	Rajarapu Swapnil Parvatalu	Rajarapu
72	Rathod Prachi Akosh	Rathod
73	Rathod Sumit Madanrao	Sumit
74	Rode Mayuri Ankush	Rode
75	Rode Sanika Aabasaheb	Rode A.
76	Rohokale Madhumanjiree Ganesh	Madhu R.
77	Sache Azfara Abdul Hameed	Sache
78	Sakate Dhanashree Ananda	Sakate
79	Salunke Sharvari Sambhaji	Salunke
80	Salve Kushal Babasaheb	Salve
81	Sarkate Rahul Suresh	Rahul S.

82	Satpute Shivmalhar Sanjay	Satpute Sawant
83	Sawant Apeksha Bhairavnath	Sawant
84	Sawant Vaishnavi Somnath	Shaikh
85	Shaikh Ashifa Nashir	Amzani
86	Shaikh Simran Raju	Shinde
87	Shinde Dipali Dnyaneshwar	Suri
88	Suryavanshi Sachin Yashvant	Chishambhar
89	Thavare Vaishnavi Anil	Ashtutkar
90	Thorat Abhishek Sharad	Patil
91	Thorhatte Ram Vinod	Misra
92	Torane Niraj Shrikrishna	Munde
93	Ughade Pooja Ajinath	Ughade
94	Vasave Ujwala Ruma	Vasulkar
95	Vasulkar Shreemayee Rajkumar	Shinde
96	Vishwakarma Isha Laxman	Sannavi
97	Vitnor Janhavi Arun	Chavhan
98	Wagh Purva Milind	Patil
99	Zalte Chetan Bhaskar	