



Eklavya A. B. V. J. J. Va. M. Sevabhavi Sanstha's Sanchit

ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

Sadvi Preetisudhaji Maharaj Nagar, Manchi Hill, Ashvi Bk., Tal. Sangamner,
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Ref. No. ARAC/ RN/759 /2025

Date: - 08/12/2025

Circular

It is being informed to all Teachers & Students that; the department of Rognidan & V.V. has organized a "Teacher Learning Program" on the topic "Kamala (Jaundice)"

Speaker: - Dr. Priyanka Balasaheb Varpe (Asso. Prof. Rognidan & V.V.)

Date: - 10th Dec 2025

Time: - 09:00 AM to 10:00 AM

Venue: - Conference Hall, Ashvin Rural Ayurved College, Manchi Hill

Attendance of all students & Teachers is mandatory for the seminar.

HOD,
Dept. of Rognidan & V.V.

Principal
Ashvin Rural Ayurved College & Hospital
Manchi Hill, Ashvi Bk., Tal. Sangamner
Dist. Ahmednagar, Pin-413714

Copy to,

- 1) Notice Board
- 2) All Dept. HOD
- 3) Academic In-charge



Eklavya A.B. V.J.J.Va. M. Sevabhavi Sanstha's Sanchalit

ASHVIN RURAL AYURVED COLLEGE & HOSPITAL
MANCHI HILL, ASHVI BK, TAL-SANGAMNER,
DIST-A. NAGAR (M.S.) 413714

CORDIALLY INVITES YOU TO JOIN A **TEACHER SEMINAR** ON

“Kamala (Jaundice)”

Organized by

Department of Rognidan & V.V
ASHVIN RURAL AYURVED COLLEGE & HOSPITAL



Eminent Speaker
Dr. Priyanka Varpe



Associate Professor Dept of Rognidan & V.V

DATE: 10th Dec 2025 (Wednesday) TIME: 09:00 AM to 10:00 AM
Venue: - Conferance Hall, Ashvin Rural Ayurved College, Manchi Hill

Principal

Dr. Shyamal P. Nirmal

Prof. Dept. of Rasashastra & B.K.

Chairperson

Vd. Shankarprasad Gandhe

HOD & Prof. Dept. of Rognidan & V.V

Organizing Secretary

Dr. Gitanjali Aher

Asst. Prof. Dept. of Rognidan & V.V

Organizing Coordinator

Dr. Vikram Shelawale

Asso. Prof. Dept. of Kaumarbhritya

Ashvin Rural Ayurved College, Manchi Hill

Department of Rognidan evum Vikruti Vigyan

Seminar Report: Teacher Learning Programme

Presenter: Dr. Priyanka Varpe

Department: Rognidan

Topic: Kamala (Jaundice)

Date: 10 Dec 2025

Venue: 4th year classroom

Overview:

Dr. Priyanka Varpe introduced *Kamala* as described in Ayurveda, explaining its **etiology, types, and classical clinical features**. The role of *Pitta dosha* and liver dysfunction in the pathogenesis was emphasized.

Key Highlights:

1. Nidan Panchak Framework:

A detailed explanation of the **Nidan Panchak (five-fold diagnostic methodology)**- *Nidana, Purvarupa, Rupa, Upashaya, and Samprapti*- was presented to help students understand the complete disease progression of Kamala.

2. Diagnostic Techniques:

The session introduced a range of Ayurvedic diagnostic tools, including:

- Assessment of **Dosha, Dhatu, Mala**
- Observation of **Netra-Twak-Mutra peetata (yellow discoloration)**
- Evaluation of Agni and associated symptoms

These approaches enhanced their diagnostic accuracy.

3. Laboratory Investigations:

Mam also discussed the **modern lab investigations** essential in diagnosing Kamala and explained the **detailed procedures wherever necessary**, including:

- Liver Function Tests (LFT)
- Serum Bilirubin (Direct/Indirect)
- SGOT, SGPT
- Alkaline Phosphatase
- Complete Blood Count (CBC)

This helped students correlate Ayurvedic findings with contemporary diagnostic parameters.

4. Therapeutic Approaches:

The session covered both **Shamana (conservative)** and **Shodhana (purificatory)** treatments.

Emphasis was laid on:

- Classical herbal formulations
- Diet (Pathya–Apathya)
- Lifestyle modifications
- Importance of timely detoxification depending on the patient's condition

5. Preventive Strategies:

Preventive aspects discussed included:

- Maintaining digestive health (*Agni*)
- Avoiding Pitta aggravating food and habits
- Following *Ritucharya* and *Dinacharya*
- Regular monitoring in predisposed individuals

Interactive Session:

Participants actively participated by asking questions, sharing clinical observations, and discussing case-based doubts. The session created a dynamic and engaging academic environment.

Conclusion:

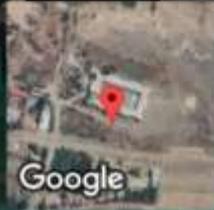
The seminar provided a comprehensive overview of *Kamala* through both Ayurvedic and modern perspectives. It enhanced participants' clinical understanding, diagnostic ability, and confidence in integrating Ayurvedic principles into practice.

Appreciation:

We sincerely thank **Dr. Priyanka Varpe** for her informative and well-delivered presentation. We also appreciate the enthusiastic participation of all attendees, contributing to the success of the seminar.



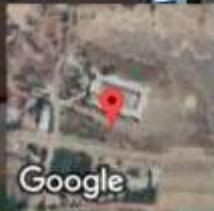
GPS Map Camera



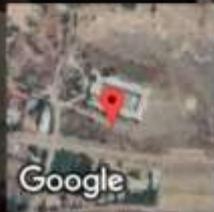
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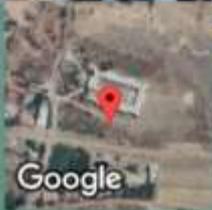
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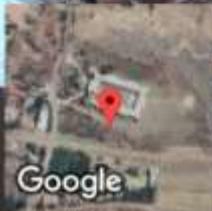
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ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

Wanchi Hill, Ashvi Bk, Tal-Sangamner, Dist-Ahmednagar 41371.

Attendance of Participants

Name of Activity: Teacher Learning Programme

Date and Time: 10 Dec 2025, 9:00 am to 10:00 am

Sr. No.	Name of Teachers	Department	Designation	Sign
1	Dr. Vikram A. Shelavale	Balroga	Asso. Prof	
2	Dr. Khandeend Sushma	Shalyatantra	Assi. Prof.	
3	Dr. Shubhangi Nakude	Agadtantra	Professor	
4	Dr. Rajan Kulkarni	Kayachikitsa	Superintendent	
5	Dr. Parnit Dhale	Kayachikitsa	Lecturer	
6	Dr. Nikita Shelke	Kriya Sharir	Lecturer	
7	Dr. Priyanka Adhav	samhita	Lecturer	
8	Dr. Gitanjali Aher	Rognidan	Asst. Professor	
9	Dr. Jyoti Khandare	Kayachikitsa	Asst. professor	
10	Dr. Nilfya T.S.	Donnya kuma ligyana	Asst. professor	
11	Dr. Anand Chandran	Agadtantra	Asst. professor	
12	Dr. Ganesh G. Nath	RSBK	Asst. Professor	
13	Dr. Siddhesh Kanade	Falgun Sharir	Asst. Professor	
14	Dr. Anand M. M.	Ras Kriya	Asst. Prof.	
15	Dr. Dhanyajay B. Baidya	Kriya Sharir	Professor	
16	Dr. Khandeend S.S.	Shalyatantra	professor	
17	Dr. Shaikha M.S.	Shalyatantra	Asso. Professor	
18	Dr. Nilam Hande	Balroga	Asst. Professor	
19	Dr. Shubhada Shelar	Shalyatantra	Lecturer	
20	Dr. Manali Deshmukh	Kayachikitsa	Lecturer	
21	Dr. Manasi Deshmukh	Panchkarma	Lecturer	
22	Dr. Kolhe Jayashree	Agadtantra	Asso. professor	
23	Dr. Nishant Ingle	Rasashastra	Asso. professor	
24	Dr. J. A. Khairnar	Balroga	Dr. Ht	
25	Dr. Nishant Ingle	ASBK	Asso. Prof	
26				



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Attendance of Participants

Name of Activity: Teacher learning Programme
Date and Time: 10 Dec 2025 , 9:00 am to 10:00 am
Venue: 4th year Classroom
Name of Department: Pognidan & V.V.
Class and Year :- 11th year

Sr. No	Name of Students	Sign
1.	AGONE MADHURA SANJAY	<u>Madhura</u>
2.	AHER OM BALASAHEB	<u>Aher</u>
3.	AMBEKAR DINESH BHAGWAT	<u>Dinesh</u>
4.	AUTADE SHRAVNI ANIL	<u>Shravni</u>
5.	BACHHAV PREM SANJAY	<u>Prem</u>
6.	BANKAR ANIKET SANTOSH	<u>Aniket</u>
7.	BANSODE TEJASWINI SANJAY	<u>Tejaswini</u>
8.	BHAKARE YASHRAJ GANESH	<u>Yashraj</u>
9.	BHANDARE SHWETA GOPAL	<u>Shweta</u>
10.	BHANDE AMOL VILASRAO	<u>Amol</u>
11.	BHANGE NIVRUTTI DNYANOBA	<u>Nivritti</u>
12.	BINNAR VIKRAM VISHNU	<u>Vikram</u>
13.	CHAUDHARI MANOJ DEVIDAS	<u>Manoj</u>
14.	CHAVAN BALAJI SANJAY	<u>Balaji</u>
15.	CHAVAN SUPRIYA GUNGA	<u>Supriya</u>
16.	CHOUDHARY NIRMALA BHAVARILAL	<u>Nirmala</u>
17.	DALAVI ANJALI SAHEBRAO	<u>Anjali</u>
18.	DEORE RUTIKA BHASKAR	<u>Rutika</u>
19.	DEVADE SURAJ TUKARAM	<u>Devade</u>
20.	DHURGUDE AKASH DHULAJI	<u>Akash</u>
21.	DONGARE PRATHAMESH SHANKAR	<u>Prathamesh</u>
22.	FULSHANKAR GAURI SURESH	<u>Gauri</u>
23.	GAIKWAD SHRADDHA RAJABHAU	<u>Shraddha</u>
24.	GARDARE RUTUJA RAJENDRA	<u>Rutuja</u>
25.	GHULE VAISHNAVI POPAT	<u>Vaishnavi</u>



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26.	HARKAR SURAJ SANTOSH	<u>SURAJ</u>
27.	JADHAV BALASAHEB BABURAO	<u>BADHAV</u>
28.	JADHAV DIPAK VILAS	<u>DADHAV</u>
29.	JADHAV SHIVAM ASHOK	<u>SHADHAV</u>
30.	JADHAV SIDDHI PRADEEP	<u>VAD</u>
31.	JAISWAL PRITI RAJENDRA	<u>PRITI</u>
32.	JANGALE VAISHNAVI VIKAS	<u>JANGALE</u>
33.	JOSHI SHRUTIKA SHRIKANT	<u>SHRUTIKA</u>
34.	KALE KRUSHNA PRALAHAD	
35.	KARANDE PORNIMA MAHADEV	<u>PORNIMARANDE</u>
36.	KATARE VIKAS SANJAY	<u>VIKAS</u>
37.	KATKAR VISHAKHA SACHIN	<u>VISHAKHA</u>
38.	KAWAR PRASAD SAINATH	<u>PRASAD</u>
39.	KHAIRE PRANITA DASHRATH	<u>PRANITA</u>
40.	KHAMKAR ANUSHKA SUNIL	
41.	KHANDEBHARAD SHRADDHA DEVIDAS	<u>SHRADDHA</u>
42.	KHEDKAR YASH DILIP	<u>YASH</u>
43.	KOTHARI ANANNYA RAKESH	<u>ANANNYA</u>
44.	KURUNDKAR MAITHILI GANESH	<u>MAITHILIKURUNDKAR</u>
45.	MALI SHREYASH BABAN	<u>SHREYASH</u>
46.	MANER NAVEED SHARIF	
47.	MANORE JANHAVI RAMAKANT	
48.	MENDHKAR PAWAN DNYANDEV	<u>PAWAN</u>
49.	MHASKE SIDDHI TUSHAR	
50.	MOGAL MAHEK DASTGIR	<u>MAHEK</u>
51.	MORE SARTHAK BHAUSAHEB	<u>SARTHAK</u>
52.	NAGARGOJE MAHESH BALASAHEB	<u>MAHESH</u>
53.	NAGRE SAMIKSHA SANJAY	
54.	PADVI SHRUTIKA RUPESH	<u>SHRUTIKA</u>
55.	PADWAL SHRUSHTI HITENDRA	<u>SHRUSHTI</u>
56.	PANJARKAR NIKITA RAMESH	
57.	PARJANE VISHVAJIT BAPPASAHEB	<u>VISHVAJIT</u>
58.	PATARE NUTAN TUKARAM	<u>NUTAN</u>
59.	PATHAN AMAN KADIRKHAN	
60.	PATIL HARSHADA JAGANNATH	<u>HARSHADA</u>
61.	PATIL OMPRASAD RAMCHANDRA	
62.	PATIL SEJAL SAJJAN	<u>SEJAL</u>
63.	PATOLE SAYALI SUKHDEV	<u>SAYALI</u>



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64.	PUNYARTHI RIYA HEMANT	Hemant
65.	RATHOD PANKAJ PRABHU	Pankaj
66.	RINDHE PURVA DIPAK	
67.	SAMAL TRUSHNA SUDHAKAR	Trushna
68.	SARADE SAYALI SANJAY	Sayali
69.	SATWE HARSHALI SUNIL	Harshali
70.	SHAIKH MAHEK SHADAB	Mahaik
71.	SHELAR RUTUJA JOTIRAM	Shelar R.J.
72.	SHELUTE VISHAL GANESH	Vishal
73.	SHINDE PRANAV EKNATH	Pranav
74.	SHINDE PRATIKSHA PRALHAD	Pratiksha
75.	SHITOLE RUPESH SHRIMANT	Rupesh
76.	SURYAWANSHI AVINASH SANJAY	Avinash
77.	TAGADKAR NIRJALA MARUTI	Nirjala
78.	TANDALVADE DISHA PANDURANG	Disha
79.	THOMBARE VISHWAJEET MARUTI	Vishwa
80.	UDHAN MANOJ RAMPRASAD	
81.	UJJAINKAR KRUTIKA VIJAY	Krutika
82.	UNCHE RADHIKA MANMATH	Radhika
83.	VAIDYA VAIBHAV PUNJARAM	
84.	WADD VEDANTI RAMESH	Vedanti
85.	WANKHADE DEVESH RAJESH	
86.	Jasud Sharvari Jalinder	
87.	Panzade Kartik Gulabrao	
88.	salave Manish Sanjay	
89.	Shinde Ayur Yuvraj	
90.	Gaikwad Shashikant Chandrakant	
91.	Borkar Sandip Fakira	
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