



Eklavya A.B. V.J.J.Va. M. Sevabhavi Sanstha's Sanchalit

**ASHVIN RURAL AYURVED COLLEGE & HOSPITAL**  
MANCHI HILL, ASHVI BK, TAL-SANGAMNER,  
DIST-A. NAGAR (M.S.) 413714

**CORDIALLY INVITES YOU TO JOIN A TLP ON**

**“An Overview on Gandhamrutha Rasa”**

**Organized by**

**Department of Rasashastra & B.K**  
**ASHVIN RURAL AYURVED COLLEGE & HOSPITAL**



**Speaker**  
**Dr. Ganesh G Nath**

**Assistant Professor (RSBK) Ashvin Rural Ayurved College Manchi Hill**

**DATE: 30<sup>th</sup> Dec 2025 (Tuesday) TIME: 10:00 AM to 11:00 AM**  
**Venue: - Conferance Hall, Ashvin Rural Ayurved College, Manchi Hill**

**Principal**

**Dr. Shyamal P. Nirmal**

Prof. Dept. of Rasashastra & B.K.

**Chairperson**

**Vd. Manoj Kulkarni**

HOD & Prof. Dept. of Rasashastra & B.K

**Organizing Secretary**

**Dr. Gaurav Dongare**

Prof. Dept.of Rasashastra & B.K

**Organizing Coordinator**

**Dr. Nishant Ingale**

Asso. Prof. Dept. of Rasashastra & B.K

**Dr. Aatiq Momin**

Assi.Prof. Dept.of Rasashastra & B.K





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# ASHVIN RURAL AYURVED COLLEGE & HOSPITAL

Sadvi Preetisudhaji Maharaj Nagar, Manchi Hill, Ashvi Bk., Tal. Sangamner,  
Dist. Ahilyanagar, Pin-413 714 (M.S.)

Ph.No. (02425) 297005, Mob. 8412064686, 9689019077

NCISM Code : AYU0190

MUHS Code : 123109 (3313)

Email:ashvin.ayurved@gmail.com, ashvin.ayurved@rediffmail.com Website:www.arac.co.in

Out Ward No. A.R.A.C/ 766

12025

Date: 30 / 12 / 2025

## Circular

It is being informed to all Teachers & Students that; the department of Rasashastra and Bhaishajya Kalpana has organized a "Teacher Learning Program" on the Topic **An Overview on Gandhamrutha Rasa.**

**Speaker:** Dr. Ganesh G Nath (Asst.Prof. RSBK)

**Topic An Overview on Gandhamrutha Rasa.**

**Date:** 30th Dec 2025

**Time:** 10:00 AM to 11:00 AM

**Venue:** Conference Hall, Ashvin Rural Ayurved College, Manchi Hill

**Attendance of all students & Teachers is mandatory for the seminar.**

HOD, Dept. of RSBK



*[Signature]*  
**Principal**  
Ashvin Rural Ayurved College & Hospital,  
Manchi Hill, Ashvi Bk., Tal. Sangamner,  
Dist. Ahmednagar. Pin-413714

Copy to,

- 1) Notice Board
- 2) All Dept. HOD
- 3) Academic In-charge





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Out Ward No. A.R.A.C/ 15713 12026

Date: 2 10 / 12026

## Description of TLP programme conducted by the Department of RSBK.

**Date of Program:** 30/12/2025

**Program Title:** An Overview on Gandhamrutha Rasa

**Speaker:** Dr. Ganesh G. Nath

**Venue:** Conference Hall, Ashvin Rural Ayurved College

**Participants:** Teachers and Students

### Objective:

The session provided an in-depth exploration of Gandhamrutha Rasa, a classical Ayurvedic formulation, focusing on its preparation, analytical aspects, and experimental validation through animal studies.

### Key Highlights:

#### 1. Introduction to Gandhamrutha Rasa:

- A traditional mercury-based formulation used for its rejuvenating and therapeutic properties.
- Primary ingredients include purified mercury (Parada), sulphur, and specific herbs.

#### 2. Process of Preparation:

- Detailed steps covering purification (Shodhana) of mercury and sulphur.
- Trituration and formulation techniques emphasized to achieve desired potency and safety.



### 3. Analytical Aspects:

- Modern techniques (e.g., XRD, SEM) used to characterize the physico-chemical properties.
- Ensured the formulation meets quality standards for safety and efficacy.

### 4. Experimental Study on Albino Rats:

- Evaluated Gandhamrutha Rasa for its pharmacological activities (e.g., anti-inflammatory, antioxidant).
- Results showed promising outcomes with significant therapeutic effects and minimal toxicity.

### 5. Outcome & Discussion:

- The study validated the traditional use of Gandhamrutha Rasa with scientific evidence.
- Potential for further research and integration into modern healthcare frameworks highlighted.

### Takeaways for Participants:

- Importance of standardization in Ayurvedic drug preparation.
- Bridging traditional knowledge with contemporary scientific methods.
- Scope for developing evidence-based herbal-metallic formulations.

### Action Points:

- Encouraged participants to explore similar studies on other classical formulations



*Spat*  
Principal  
Ashvi Rural Ayurved College & Hospital  
Mumbai MH, Ashvi Bk., Tal. Sangamner  
Dist. Ahmednagar, Pin-413714





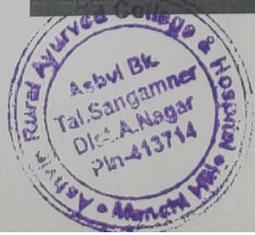
Umbri, Maharashtra, India   
H956+hv, Umbri, Maharashtra 413714, India  
Lat 19.559012° Long 74.362412°  
Tuesday, 30/12/2025 10:59 AM GMT +05:30

GPS Map Camera



Umbri, Maharashtra, India   
H956+hv, Umbri, Maharashtra 413714, India  
Lat 19.559009° Long 74.362431°  
Tuesday, 30/12/2025 10:59 AM GMT +05:30

GPS Map Camera



## Teacher Attendance

Sr No.	Teacher Name	Department	Sign
1.	Dr. Vikram A. Shelavole	Balrog	
2.	Dr. Siddhesh R. Kanade	Rachana Shastri	
3.	Dr. Dharmajay B. Baisepi	Kriya Shastri	
4.	Dr. J. S. Shimpri	Rachana Shastri	
5.	Dr. Shyamal P. Nilmal	Rasashastra & BK.	
6.	Dr. Monika Paprikar	Devyaguru	
7.	Dr. Priyanka Adhav	Samhita	
8.	Dr. Nikita Shelke.	Kriya Shastri	
9.	Vd. Gitanjali Ales	Poguidan & V-V.	
10.	Dr. Khandred Sushma.	Shalyatantora	
11.	Dr. Shubhangi R. Nalwade	Agad tantra	
12.	Dr. Atiya I. Momin	RSBK	
13.	Dr. Amal Chandran	Agad tantra.	
14.	Vd. Geeta Manuti Dabir	PK	
15.	Dr. Vaishnavi D. Joshi	PK	
16.	Dr. Nishant G. Ingle	RSBK	
17.	Vd. Gaurav D. Dongare	RSBK	
18.	Vd. Dnyaneshwar A. Shinde	S & S	
19.	Vd. Manoj Fulkekar	RSBK	

ASHVIN RURAL AYURVED COLLEGE MANCHI  
TLP RASA AND BK DATE 30/12/2025

roll no	student name	
1	AGONE MADHURA SANJAY	<del>Agone</del>
2	AHER OM BALASAHEB	<del>Aher</del>
3	AMBEKAR DINESH BHAGWAT	<del>Dinesh</del>
4	AUTADE SHRAVNI ANIL	<del>Autade</del>
5	BACHHAV PREM SANJAY	<del>Bachhav</del>
6	BANKAR ANIKET SANTOSH	<del>Bankar</del>
7	BANSODE TEJASWINI SANJAY	<del>Bansode</del>
8	BHAKARE YASHRAJ GANESH	<del>Bhakare Y.G.</del>
9	BHANDARE SHWETA GOPAL	<del>Bhandare</del>
10	BHANDE AMOL VILASRAO	
11	BHANGE NIVRUTTI DNYANOBA	<del>Nivritti</del>
12	BINNAR VIKRAM VISHNU	<del>Binnar</del>
13	CHAUDHARI MANOJ DEVIDAS	<del>Chaudhari</del>
14	CHAVAN BALAJI SANJAY	<del>Chavan</del>
15	CHAVAN SUPRIYA GUNGA	<del>Chavan</del>
16	CHOUDHARY NIRMALA BHAVARILAL	
17	DALAVI ANJALI SAHEBRAO	<del>Anjali</del>
18	DEORE RUTIKA BHASKAR	<del>Deore</del>
19	DEVADE SURAJ TUKARAM	<del>Devade</del>
20	DHURGUDE AKASH DHULAJI	<del>Dhurgude</del>
21	DONGARE PRATHAMESH SHANKAR	
22	FULSHANKAR GAURI SURESH	
23	GAIKWAD SHRADDHA RAJABHAU	
24	GARDARE RUTUJA RAJENDRA	<del>Gardare</del>
25	GHULE VAISHNAVI POPAT	
26	HARKAR SURAJ SANTOSH	<del>Harkar</del>
27	JADHAV BALASAHEB BABURAO	<del>Jadhav</del>
28	JADHAV DIPAK VILAS	<del>Jadhav</del>
29	JADHAV SHIVAM ASHOK	<del>Jadhav</del>
30	JADHAV SIDDHI PRADEEP	
31	JAISWAL PRITI RAJENDRA	<del>Prii</del>
32	JANGALE VAISHNAVI VIKAS	<del>Jangale</del>
33	JOSHI SHRUTIKA SHRIKANT	<del>Shrutika</del>
34	KALE KRUSHNA PRALAHAD	<del>Kale</del>
35	KARANDE PORNIMA MAHADEV	<del>Karande</del>
36	KATARE VIKAS SANJAY	<del>Kat</del>
37	KATKAR VISHAKHA SACHIN	<del>Katkar</del>
38	KAWAR PRASAD SAINATH	<del>Kawar</del>
39	KHAIRE PRANITA DASHRATH	<del>Khair</del>
40	KHAMKAR ANUSHKA SUNIL	<del>Kham</del>
41	KHANDEBHARAD SHRADDHA DEVIDAS	<del>Khande</del>
42	KHEDKAR YASH DILIP	<del>Khedkar</del>

- 43 KOTHARI ANANNYA RAKESH ARKothari
- 44 KURUNDKAR MAITHILI GANESH mkurundkar
- 45 MALI SHREYASH BABAN shreyash
- 46 MANER NAVEED SHARIF Naveed
- 47 MANORE JANHAVI RAMAKANT
- 48 MENDHKAR PAWAN DNYANDEV Pawankar
- 49 MHASKE SIDDHI TUSHAR Siddhi
- 50 MOGAL MAHEK DASTGIR Mhekar
- 51 MORE SARTHAK BHAUSAHEB Sarthak
- 52 NAGARGOJE MAHESH BALASAHEB Mahesh
- 53 NAGRE SAMIKSHA SANJAY Snayke
- 54 PADVI SHRUTIKA RUPESH Rupesh
- 55 PADWAL SHRUSHTI HITENDRA Shrushti
- 56 PANJARKAR NIKITA RAMESH Npanjarkar
- 57 PARJANE VISHVAJIT BAPPASAHEB
- 58 PATARE NUTAN TUKARAM Nutankare
- 59 PATHAN AMAN KADIRKHAN Aman
- 60 PATIL HARSHADA JAGANNATH Harshada
- 61 PATIL OMPRASAD RAMCHANDRA OmPatil
- 62 PATIL SEJAL SAAN Sejal
- 63 PATOLE SAYALI SUKHDEV Sayali
- 64 PUNYARTHI RIYA HEMANT
- 65 RATHOD PANKAJ PRABHU Pankaj
- 66 RINDHE PURVA DIPAK Dipak
- 67 SAMAL TRUSHNA SUDHAKAR
- 68 SARADE SAYALI SANJAY
- 69 SATWE HARSHALI SUNIL Harshali
- 70 SHAIKH MAHEK SHADAB Mohammed
- 71 SHELAR RUTUJA JOTIRAM Shelar R.J.
- 72 SHELUTE VISHAL GANESH Vishal
- 73 SHINDE PRANAV EKNATH Pranav
- 74 SHINDE PRATIKSHA PRALHAD Pratiksha
- 75 SHITOLE RUPESH SHRIMANT Rupesh
- 76 SURYAWANSHI AVINASH SANJAY Suryawanshi
- 77 TAGADKAR NIRJALA MARUTI
- 78 TANDALVADE DISHA PANDURANG Disha
- 79 THOMBARE VISHWAJEET MARUTI Vishwa
- 80 UDHAN MANOJ RAMPRASAD Manoj
- 81 UJAINKAR KRUTIKA VIJAY
- 82 UNCHE RADHIKA MANMATH Radhika
- 83 VAIDYA VAIBHAV PUNJARAM
- 84 WADD VEDANTI RAMESH Vedanti
- 85 WANKHADE DEVESH RAJESH

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86 JASUD SHARVARI JALINDER

87 PANZADE KARTIK GULABRAO

88 SALAVE MANISH SANJAY

89 SHINDE AYUR YUVRAJ

90 GAIKWAD SHASHIKANT CHANDRAKANT

91

92 Chawan Manoj Vinod

93

94

95 Jaware Abdul Rashid Avish

96 Kharde Shubhangi Shravan

*Jasud*  
*K. Panzade*  
*Manish*  
*Shinde*  
*Chawan*  
*Rashid*  
*Shubhangi*